Recreation Guide







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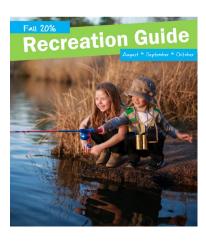


PARKS & RECREATION

... OUR MISSION

Gilbert Parks and Recreation Department commits to provide superior parks, recreation and cultural programs, which exceed customer expectations, enhance the quality of life, and promote lifelong leisure and educational pursuits. These services are provided by a dedicated team, focused on fairness, trust and innovation, with a commitment to excellence.





on the cover

Sadie Captain and Logan Neugebauer are enjoying fishing at the Riparian Preserve at Water Ranch Lake. For more information about fishing at the Riparian Preserve, go to Gilbertaz.gov/riparian.



Letter from the **Director**

Fall is a great time to get outdoors and explore all Gilbert Parks and Recreation has to offer. Look for trail improvements along the Heritage Trail from Warner Road to Freestone Park. These improvements will begin in the fall and include paved surfaces, landscaping and rest areas with drinking fountains. Walk, run or bike along the nearly 50 miles of trails in Gilbert.

Gilbert was recently honored with a 2016 Playful City USA designation for the 10th year. The national recognition program honors cities and towns across the country for making their communities more playable. Additionally, Gilbert received the Tree City Award for the 8th in a row and was awarded the 1st year Growth Award. Be sure to visit our TREE CITY page on the website to learn more about the program and tips for tree management.

I encourage you to enjoy our great programs at the Riparian Preserve including Bird Walks, Explore the Night Sky at the Observatory, Nature camps, fly-fishing and more. Be sure to check out our Community Events Calendar located on page 14 for a variety of activities, events and fun for all ages in our recreation centers and parks. Gilbert also offers adult volleyball, basketball and softball leagues. Learn more about our leagues at Gilbert Adult Sports.

Call us at 480-503-6200 to reserve a Ramada at any of our beautiful parks for your next family gathering.

Stay up to date with Gilbert Parks and Recreation by signing up for our newsletter www.gilbertaz.gov/parks.



Rod Buchanan
Parks and Recreation Director

Gilbert Town Council

Mayor John Lewis Vice Mayor Jared Taylor Councilmember Brigette Peterson Councilmember Eddie Cook Councilmember Jenn Daniels Councilmember Victor Petersen Councilmember Jordan Ray

Parks, Recreation and Library Services Advisory Board

Chair Ron Coleman
Vice Chair Les Presmyk
Board Member Lan Shafer
Board Member Mark Dobay
Board Member Matthew Roberts
Board Member Mickie Niland
Board Member Robert Ferron
Board Member Paul Marchant
Board Member Barbara Guy



TOWN OF GILBERT PHONE NUMBERS

Parks & Recreation
Administration Office

(480) 503-6200

Gilbert Assistance Program (GAP)

(480) 503-6200

Town of Gilbert Administration (480) 503-6871

Fire Administration

non-emergency (480) 503-6300

Police Department

non-emergency (480) 503-6500

Public Works (480) 503-6400

Utilities Department (480) 503-6800

Neighborhood Services (480) 503-6277

Riparian Preserve (480) 503-6200 Gilbert Senior Services (480) 503-6061

Freestone Recreation Center (480) 503-6202

Gilbert Community Center (480) 503-6290

McQueen Park Activity Center (480) 503-6294

Southeast Regional Library Recreation Office (480) 503-6256

Maricopa County Library District (602) 652-3000

POOLS (SEASONAL)

Mesquite Aquatic Center (480) 503-6206

Greenfield Pool (480) 503-6206

Perry Pool (480) 503-6206

Williams Field Pool (480) 503-6206

GENERAL REGISTRATION INFORMATION

- Gilbert Resident registration begins Tuesday, July 12, 2016.
 During this time online, mail-in and fax registrations will be available. Online registration begins at Tam.
- 2. Non-resident registration begins **Thursday**, **July 14**, **2016**. During this time online, walk-in and mail-in registrations will be available. *Online registration begins at 7am*.
- 3. Registration is ongoing until programs are filled.
- Registration forms received prior to the registration dates will not be processed until the registration date as time permits.
- Online registration is processed in real time. You must "accept" the waiver of liability and make a payment in order to confirm placement in a course/program.
- 6. Online registration requires a payment by credit card, or by using an existing credit on your recreation account. If you wish to register online but do not want to use a credit card, you may come into the Parks and Recreation office prior to registration and place a credit on your recreation account using cash, check or money order. The credit can then be applied toward any online registration.
- Print a copy of your online registration receipt for confirmation of your course/program enrollment.
- 8. Mail-in registration forms require an assumption of risk waiver signature by a parent/guardian.
- Mail-in and walk-in registrations are processed during regular business hours: Monday-Thursday 7am-6pm; CLOSED Fridays.

- Payment can be made by either cash, check, credit card, or money order. For mail-in registration, do not mail cash.
- 11. The Town of Gilbert is not responsible for lost or misdirected mail.
- 12. Payment must be made at the time of the enrollment in order for the registration to be complete.
- 13. Early registration is encouraged to help prevent course cancellation.
- 14. **WAITLISTS**: If you are on a waitlist for a class, and an opening becomes available, a Parks & Recreation staff member will contact the waitlisted clients in order of the waitlisted position. Each waitlisted position will receive a 24 hour window to respond to the opening before the recreation staff member continues on through the waitlisted positions.
- 15. A participant will be allowed to register for a class as long as the participant reaches the required age anytime during the session, unless otherwise stated in the class description.
- 16. Gilbert Parks and Recreation Department is committed to being fair and equitable to all participants, therefore we are unable to make exceptions to any class policies. We appreciate your cooperation and understanding.
- 17. The Town of Gilbert has the right to cancel, postpone, combine classes, change rooms and/or instructors at any time. For the most up-to-date information, contact the respective center.
- 18. A \$25 service charge will be assessed on returned checks.

CLASS PROGRAM GUIDELINES AND POLICIES

- While we love our parents, our recreation classes are intended for drop off only and parents are not allowed in the classroom during class time. If your child is not ready to attend a class without a caregiver, please see the Parent/Tot section for options. Exceptions are made for participants with special needs who require assistance.
- For PARENT/TOT classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session.
- Participants should dress appropriately according to the type of class. Tights/leotards and/or loose clothing are recommended for dance/movement classes, sneakers for sports classes, etc. Closed-toe shoes are a must for all classes.
- Click on <u>Class Program Policies and Guidelines</u> for a complete list.

UPDATE YOUR ACCOUNT WITH US!

For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!

REFUND AND CANCELLATION INFORMATION

Requests for a credit or refund must be received by 6pm, one week prior to the start of the class, camp and/or program. Please call (480) 503-6200 for more information.

- The Town of Gilbert has the right to cancel any program due to insufficient enrollment.
- Early registration is encouraged to help prevent course cancellation.
- If a class or program is cancelled, participants will be notified one week prior to class start date (unless unforeseen circumstances arise) and offered an alternative choice, if available.
- If no alternative is available, a full credit will be applied back to
 the participant's recreation account. Credits left on recreation
 accounts can be used for a period of one year from the first
 date of the class or program for which one originally
 registered. Such credits may be used for any Gilbert Parks and
 Recreation Department class, program or rental. Credits not
 used or refunded after one year will be donated to the Parks
 and Recreation Foundation.
- Upon request, a full refund can be issued for a cancelled class or program.
- Refund checks require 2-3 weeks processing time.

CHOOSE ONE OF OUR EASY WAYS TO REGISTER!



Create Your Recreation Account Online

It's QUICK and EASY! Click HERE or log on to www.GilbertRecreation.com

- Click 'Create NEW Account' tab
- Enter ALL family members that reside within the household (there must be an parent or legal guardian listed on the account). When finished, click on 'CREATE NEW ACCOUNT'.
- Any changes or additions to your account can be made by contacting the Parks and Recreation Department or email Recreation@gilbertaz.gov.



Walk-In Registration

Walk-in to any of the following Recreation facilities to register in person beginning July 14, 2016.

> Parks and Recreation Department 90 E. Civic Center Dr. (480) 503-6200

- *Freestone Recreation Center 1141 E. Guadalupe Rd. (480) 503-6202
- *Gilbert Community Center 130 N. Oak St. (480) 503-6290
- *McQueen Park Activity Center 510 N. Horne St. (480) 503-6294

For directions, please contact the Parks & Recreation Department M-TH between 7am-6pm (480) 503-6200. *Registration is available for center classes only



Online Registration

Log on to www.GilbertRecreation.com

- In order to sign up online, please make sure you have your Main Contact Client Number and Family Pin Information.
- If you have misplaced or forgotten your login numbers or need to set-up an account, please call 480-503-6200, M-TH 7am-6pm or email Recreation@gilbertaz.gov.



Mail-In Registration

Mail REGISTRATION FORM along with payment to:

Parks and Recreation Department

Attention: Registration 90 E. Civic Center Dr. Gilbert, AZ 85296

- A signature is required to process registration.
- Make checks payable to: Town of Gilbert.
- Do not mail cash



Payments Accepted







- Make checks payable to: Town of Gilbert.
- A \$25 service charge will be assessed on returned checks.

SESSION DATES TO REMEMBER

FALL SESSION DATES: August 15-October 8, 2016 FALL Break Camps: October 10-14

Gilbert Resident Registration: Tues., July 12, 2016 (online and mail-in registration available)

Non-Gilbert Resident Registration: Thurs., July 14, 2016 (online, walk-in and mail-in registration available) Credit/Refund Requests must be received by 6pm, one week prior to the start of the class, camp or program.

HOLIDAY SESSION DATES: Oct. 17-Dec. 17, 2016

Holiday Recreation Guide Online: Fri., Sept. 9, 2016 Gilbert Resident Registration: Tues., Sept. 20, 2016 Non-Gilbert Resident Registration: Thurs., Sept., 22, 2016

PROGRAM LOCATIONS

CC	Gilbert Community Center	130 N Oak St
CPARK	Crossroads Park	2155 E Knox Rd
DPARK	Discovery Park	2214 E Pecos Rd
FPARK	Freestone Park	1045 E Juniper Rd
FRC	Freestone Recreation Center	1141 E Guadalupe Rd
MPAC	McQueen Park Activity Center	510 N Horne St
MPARK	McQueen Park	490 N Horne St
NPARK	Nichols Park	700 N Higley Rd
PP	Page Park Center	132 W Bruce St
PPARK	Page Park	120 N Oak St
RP	Riparian Preserve	2757 E Guadalupe Rd
SERL	Southeast Regional Library	775 N Greenfield Rd

Some classes are held at off-site locations. See course descriptions for facility information.

RECREATION FACILITIES, AMENITIES and SERVICES

PARKS & RECREATION OFFICE

90 E. Civic Center Dr. 480-503-6200

Hours: M-TH 7am-6pm CLOSED: Labor Day (9/5) Services provided:

- •General parks and recreation information
- Recreation account services (new/existing accounts, credit/refunds, etc.)
- Recreation class/program registration
- Recreation facility and park reservations

RECREATION CENTERS



GILBERT COMMUNITY CENTER 130 N. Oak St.

480-503-6290

Hours: M-TH 8am-6pm
F 8am-5pm
SAT 9am-12pm
CLOSED: Labor Day (9/5)

Services provided:

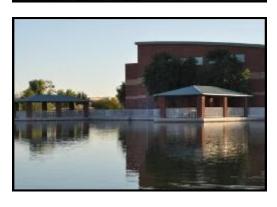
- General facility information
- Recreation class/program registration
- Adaptive Recreation services (classes and programs)
- Active Adult services (lunches and activities)
- Fitness center
- Computer lounge
- FREE Wi-Fi

FREESTONE RECREATION CENTER 1141 E. Guadalupe Rd. 480-503-6202

Services provided:

- General facility information
- Recreation class/program registration
- Fitness center, weight room and indoor track
- Drop-in fitness classes
- 4 Racquetball courts
- FREE Wi-Fi

- Double gymnasium (basketball, volleyball and pickleball courts)
- Locker, steam and sauna rooms
- 42' Rock wall
- Kiddy Korner-supervised child watch
- Game area (billiards, ping pong and foosball)



MCQUEEN PARK ACTIVITY CENTER Hours: M-F

510 N. Horne St. 480-503-6294

Hours: M-F 8am-9pm
SAT 9:30am-5pm
SUN CLOSED
CLOSED: Labor Day (9/5)

Services provided:

- General facility information
- Recreation class/program registration
- Double gymnasium (basketball, volleyball and badminton courts)
- 8' x 36' Traverse wall
- Toddler play area
- Game area (billiards, ping pong, foosball and shuffleboard)
- FREE Wi-Fi



SOUTHEAST REGIONAL LIBRARY 775 N. Greenfield Rd.

480-503-6256 (Recreation Office) Class and facility rental information onl

Services provided:

- General facility information
- Recreation classes/programs
- FREE Wi-Fi

CLOSED: Labor Day (9/5)

For information regarding Library Services see LIBRARY SERVICES section beginning on page 63.

Looking for Rental Space? Gilbert Parks and Recreation Facilities



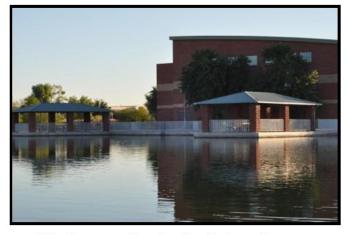
Gilbert Community Center



Freestone Recreation Center



Southeast Regional Library



McQueen Park Activity Center



Great Rates
Clean Facilities
Friendly Staff

Staff

Staff

Party/Reception
Family Gathering
Long-Term Rentals

(480) 503-6200 or visit www.GilbertAZ.gov

We have the space to fit your needs!

Training

Meeting

RECREATION CENTERS: ENTRY FEES and PASSES

Freestone Recreation Center

Passes include fitness center, indoor track, rock wall, gymnasium, racquetball courts, steam room, sauna, & drop-in fitness classes

DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDENT
Child (4 years & younger):	FREE	FREE
Youth/Teen (5-17 years):	\$3.00	\$4.50
Adults (18+ years):	\$4.50	\$6.75
Senior (60+ years):	\$4.00	\$6.00
Household*:	\$10.00	\$15.00
Non-Prime (12-3pm, M-F)	\$3.50	\$5.25

*Daily Admission: Household - 2 Adults and any combination of up to 4 Youth/ Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional Kiddy Korner fees apply for those 18 mos-7yrs of age.

MONTHLY PASS RATES (EFT):

25230 68	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$16.00	\$24.00
Adults (18+ years):	\$26.00	\$39.00
Senior (60+ years):	\$22.00	\$33.00
Household*:	\$75.00	\$112.50
Non-Prime (12-3pm, M-F)	\$20.00	\$30.00

*Monthly Pass Rates EFT: Household - 2 Adults and up to any combination of 4 Kiddy Korner (18mos - 7yrs of age), Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional children in the same household receive 25% off Youth/Teen/Student Individual Pass Rate

MONTHLY PASS RATES:

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$20.00	\$30.00
Adults (18+ years):	\$35.00	\$52.50
Adults (18+ years): \$35.00 \$52.50 Senior (60+ years): \$30.00 \$45.00		
Senior Walking Pass (60+ years):	\$5.00	\$5.00
Household*:	\$67.00	\$100.50

*Monthly Pass Rates: Household - 2 Adults and any combination of up to 4 Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional Kiddy Korner fees apply for those 18 mos - 7yrs of age.

Gilbert Community Center

Passes include fitness center use only

DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDEN			
Youth/Teen (7-17 years):	\$1.50	\$2.00			
Adults (18+ years):	\$2.50	\$3.25			
Senior (60+ years):	\$2.00	\$2.50			

MONTHLY PASS RATES:

	KESIDENI	NON-KESIDENI			
Youth/Teen (5-17 years):	\$12.00	\$15.00			
Adults (18+ years):	\$18.00	\$22.50			
Senior (60+ years):	\$15.00	\$18.75			

Gilbert Community Center monthly passes are honored at McQueen Park Activity Center.

SIX-MONTH PASS RATES:

Includes Kiddy Korner for up to 2 children (4 children for household)

	KESIDENI	NON-RESIDENT			
Youth/Teen (5-17 years):	\$80.00	\$120.00			
Adults (18+ years):	\$130.00	\$195.00			
Senior (60+ years):	\$110.00	\$165.00			
Household*:	\$335.00	\$502.50			

*Six Month Pass Rates: Household - 2 Adults and up to any combination of 4 Kiddy Korner (18mos - 7yrs of age), Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional children in the same household receive 25% off Youth/Teen/Student Individual Pass Rate

ANNUAL PASS RATES:

Includes Kiddy Korner for up to 2 children (4 children for household)

The second second	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$120.00	\$180.00
Adults (18+ years):	\$220.00	\$330.00
Senior (60+ years):	\$185.00	\$277.50
Household*:	\$560.00	\$840.00

*Annual Pass Rates: Household - 2 Adults and up to any combination of 4 Kiddy Korner (18mos - 7yrs of age), Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional children in the same household receive 25% off Youth/Teen/Student Individual Pass Rate

LOCKER RENTAL SERVICE:

Monthly Rental: \$6.00 Six Month Rental: \$36.00 Annual Rental: \$60.00

KIDDY KORNER:

Child watch for ages 18 months-7 years for up to 2 hours. Parent must remain onsite during this time.

Daily Pass: \$3.00

Monthly Pass (one child EFT): \$16.00

Monthly Pass (additional child EFT): \$16.00

Monthly Pass (one child Non EFT): \$20.00

Monthly Pass (additional child—Non EFT): \$16.00

McQueen Park Activity Center

Passes include gymnasium & traverse wall use only

DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDEI			
Youth/Teen (7-17 years):	\$1.50	\$2.00			
Adults (18+ years):	\$2.50	\$3.25			
Senior (60+ years):	\$2.00	\$2.50			

MONTHLY PASS RATES:

Adults (18+ years):	KESIDENI	NON-RESIDENT			
Youth/Teen (5-17 years):	\$12.00	\$15.00			
Adults (18+ years):	\$18.00	\$22.50			
Senior (60+ years):	\$15.00	\$18.75			

McQueen Park Activity Center monthly passes are honored at Gilbert Community Center.

Proof of residency is required to receive the resident rate. Acceptable forms include a current utility bill, phone bill or vehicle registration card showing a Gilbert address and a valid Arizona driver's license or state identification card showing a Gilbert address. Without acceptable proof the non-resident rates will apply.

Introducing **TWO** exciting new ways to become a member at Freestone Recreation Center!

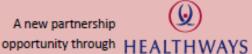
Age 18+ with qualifying insurance coverage.





Do you need to carve out some time to take care of yourself? Your membership can be paid for through Healthways giving you access to fitness classes, the fitness center, facility amenities, and more! Join FRC and the potential is unlimited! Check with your insurance carrier to see if your plan is Prime eligible!

A new partnership





Age 55+ with qualifying insurance coverage.



Are you 55+ years old with a qualifying insurance plan? Your membership can be paid for through Healthways giving you access to great senior fitness classes, the fitness center, facility amenities, and more! Join our social and active older adult community as a Silver Sneakers member!



- Get healthy today!
- Silver Sneaker: 55+ years of age
- PRIME: Adults 18+
- Must be eligible for Healthways through your insurance provider and be issued a Healthways card.
- No enrollment fees/up-front cost.

For questions or more information, please contact:

Freestone Recreation Center

1141 E Guadalupe Road Gilbert, AZ 85234

480-503-6202





LIBRARIES

www.mcldaz.org



Perry Library 1965 E. Queen Creek Rd. 602-652-3000

M-TH 10am-7pm F-SAT 10am-4pm **SUN Closed**



Southeast Regional Library 775 N. Greenfield Rd. 602-652-3000



M-TH 10am-9pm F-SAT 10am-5pm SUN 1-5pm



Friends of the Library 775 N. Greenfield Rd. 480-539-5128

M-SAT 10am-4pm SUN Closed

POOLS: Open Seasonally May-August

www.gilbertaz.gov/aquatics

	Aquacise Classes	Concessions/ vending	Diving Boards	Junior Lifeguard Program	Kiddie Slides	Play Features	Private Rentals	Public Swim Sessions	Shade Ramadas	Splash Pad	Swim Lessons	Water Slides	Youth Swim & Dive Teams	Zero Depth Area
Greenfield Pool 35 S. Greenfield Rd. (480) 503-6206	✓	✓		✓	✓	✓		✓	✓		✓		✓	✓
Mesquite Pool 100 W. Mesquite St. (480) 503-6206		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓
Perry Pool 1775 E. Queen Creek Rd. (480) 503-6206	✓	✓	✓			✓		✓	✓	✓	✓		✓	✓
Williams Field Pool 1900 S. Higley Rd. (480) 503-6206	✓	✓				✓		✓	✓	✓	✓		✓	✓

RIPARIAN PRESERVES

www.gilbertaz.gov/riparian preserve

R Some areas are available for reservations.	Barbeque Grills	Camping	Lake/Fishing	Observatory	Picnic Tables	Playground	Restrooms	Shade Ramadas	Vending
Neely Ranch 215 N. Cooper Rd.								✓	
Water Ranch 2757 E. Guadalupe Rd.	√	✓	✓	✓	√	√	✓	√	✓



Lights Splash Pad R Some Areas Available for Reservations	Amphitheater	Baseball/Softball Fields	Basketball	Batting Cage	Bounce House Area*	Concession/ Vending	Dog Park	Equestrian/Multi- use Trail	Lake/Fishing	Multi-Use Fields	Picnic Tables/ Barbeque Grills	Playground	Ramadas	Restrooms	Skate Park	Soccer Fields	Tennis Courts	Train Depot & Carousel	Volleyball Courts
Elliot District Park* 4536 E. Elliot Rd.		₩		✓				✓				✓	✓	Ý					?
Circle G Park 601 E. Encinas Ave.					✓			✓			✓	✓	√				V		
Cosmo Dog Park* 2502 E. Ray Rd.								✓	✓					Y					
Crossroads District Park* R 2155 E. Knox Rd.	✓	V	Y		✓	✓	Ý		✓	V	✓	✓	/	V		V			V
Discovery District Park 2214 E. Pecos Rd.					✓	✓		✓	✓	¥	✓	✓							
Freestone District Park* 1045 E. Juniper Ave.	V	V	V	V	✓	✓		✓	✓		✓	✓	V	V	✓	✓	V	✓	V
Gilbert Soccer Complex 4260 S. Greenfield Rd.						✓								V					
John Allen Park 334 E. Elliot Rd.					✓					✓	✓	✓	✓						
McQueen District Park 480 N. Horne St.					✓	✓		✓	✓	✓	✓	✓	V	₽					
Nichols Park 700 N. Higley Rd.								✓		✓	✓		~						
Oak Tree Park 301 W. Houston Ave.					✓						✓	✓	Ý						
Page Park 120 N. Oak St.	V				✓					✓	✓	✓							
Sunview Park 1417 N. Sunview Pkwy.					✓						✓	✓	✓						
Vaughn Avenue Basin 250 W. Vaughn Ave.																			
Veterans Park 70 W. Park Ave.											✓	✓	✓						
Villa Madeira Park 900 N. Pine St.					✓							✓							
Village II Park 125 E. Heather Ave.											✓	✓							
Vista Allegre Park 1145 N. Elm St.												✓							
Water Tower Plaza 45 W. Page Ave.														✓					
Zanjero Park 3785 S. Lindsay Rd.								✓			✓		✓	V					

- * ELLIOT DISTRICT PARK HOME OF BIG LEAGUE DREAMS: This facility is not managed by the Town of Gilbert. Please call 480-813-1270 for information.
- * BOUNCE HOUSE AREAS: We allow bounce houses in our parks where designated with a reservation. An insurance certificate from the inflatable company will be required and the smaller parks will need a generator to operate the inflatables.
- * COSMO DOG PARK-The OFF LEASH areas will be closed each Tuesday morning until noon for routine maintenance.
- * CROSSROADS PARK: Home of AZ Ice (480-503-7080). AZ Ice offers 10%-20% discount for regular priced programs, entrance fees and birthday parties for Gilbert Residents. Also, check out the Recreation Learn to Skate classes offered inside this guide.
- * FREESTONE PARK: The SKATE PARK is closed the first Tuesday of every month for routine maintenance. Home of the Freestone Railroad* (480-632 -2702) and the RIP City Batting Cages*(480-497-9548). *Not operated or managed by the Town of Gilbert, please contact them for more information.



COMMUNITY ORGANIZATIONS

Americans with Disabilities Act (ADA)

The Town of Gilbert complies with the Americans with Disabilities Act (ADA). For accommodations, please call (480) 503-6200.

Community Resources

For more information on Social Service, Housing Assistance, and Fair Housing please visit our website:

www.gilbertaz.gov/residents/housing-community-development

Gilbert Assistance Program (GAP)

A scholarship program is available to help economically disadvantaged children (age 17 and under) enroll in recreation programming or to obtain facility memberships. To apply for a scholarship for your child(ren), please contact the Gilbert Parks and Recreation office at (480) 503-6200 M-TH from 7am-6pm. You can click here to download form.



Get Out and Play



The Town of Gilbert developed the Neighbor 2 Neighbor Program to provide an easy way for Gilbert residents to help one another. 100% of funds donated are distributed to Neighbor / Neighbor non-profit agencies that provide Working together to help those in need. assistance to Gilbert's low-income families, individuals, disabled, seniors

and at-risk youth. Gilbert residents can sign up to include a donation amount from \$2.00 to \$20.00 a month included with their utility bill. One time donations can also be made.

To find out more about the Neighbor 2 Neighbor Donation Program, go to the www.gilbertaz.gov/utilities or call 480-503-6800. Sign up now to assist a Gilbert neighbor in need. By making a minimum donation, your contribution can help:

- Provide nutritious meals in food boxes.
- Transport elderly homebound residents to medical appointments.
- Provide safe shelter for a homeless individual or family.
- Provide an emergency rent payment to prevent eviction and
- Provide after school activities for Gilbert youth while their parents are at work.

School District Contact Information

Chandler Public Schools www.chandler.k12.az.us **Gilbert Public Schools** www.gilbertschools.net **Higley Unified School District** www.husd.org

Gilbert Sports Coalitions

PLEASE NOTE: Gilbert Parks and Recreation Department does not manage these programs. This information is provided as a courtesy. Please contact the organizations directly for program information.

American Youth Soccer Organization	www.ayso688.org
Arizona Soccer Club	www.arizonasoccerclub.com
Coast to Coast Football	www.coast2coastfootball.com
Gilbert American Little League	www.gilbertlittleleague.com
Gilbert Boys and Girls Club	www.clubzona.org
Gilbert Football Association	www.gilbertfootball.com
Gilbert National Little League	www.eteamz.com/gnll
Gilbert Softball Little League	www.azgsll.org
Gilbert Pop Warner Youth Cheer	www.gilbertchandlerpopwarner.org
Gilbert Pop Warner Youth Football	www.gilbertchandlerpopwarner.org
Gilbert Wham Basketball	www.whambasketball.com
Gilbert Youth Soccer Association	www.azgysa.com
Southeast Diamondbacks Little League	www.eteamz.com/sediamondbacks
YMCA-Chandler/Gilbert	www.valleyymca.org

ADULT SOFTBALL, BASKETBALL & VOLLEYBALL LEAGUES

- Adult Softball offered Winter, Spring & Fall
- Men's Basketball offered Winter, Summer & Fall
- Co-Ed Volleyball offered Winter, Summer & Fall
- All seasons are 9 weeks long
- All seasons end in single elimination tournament



Severe weather may result in field/park closures. For the most up-to-date information about these closures, call our Gilbert Parks and Recreation main information line at (480) 503-6201.

PRESS 1 GILBERT SPONSORED ADULT SPORTS
PRESS 2 GILBERT SPONSORED YOUTH SPORTS
PRESS 3 GILBERT PARKS AND SPORTS FACILITIES



CONTACT US...







SPORT	REGISTRATION DATES	START DATE	LEAGUE FEE
Softball	Fall season registration takes	9/11/2016	\$370 singleheader per team
Men's	place on AUGUST 11 at the		\$585 doubleheader per team
Co-Ed	Southeast Regional Library		
Women's	where payment is due.		
	Roster submittal is 7/5-8/4		
Softball	Fall Tournaments		
Fall Frenzy	Men's/Co-Ed Divisions	9/17/2016	
Spooky Slugfest	Men's/Co-Ed Divisions	10/29/2016	
Gilbert Days	Co-Ed Divisions	11/12/2016	
Gilbert Days	Men's/Women's Divisions	11/19/2016	
Toys 4 Tots	Men's/Co-Ed Divisions	12/10/2016	
New Year's Bash	Men's/Co-Ed Divisions	1/7/2017	
Basketball	Fall season registration	9/11/2016	\$495 per team
Men's	accepted 8/1-9/1 or		
Upper B	until league fills.		
Intermediate C			
Lower D			
Volleyball	Fall season registration	9/12/2016	\$280 per team
Co-Ed	accepted 8/1-9/1 or		
Upper A	until league fills		
Upper B			





Gilbert Community and Family Events Calendar

July is National Park & Recreation Month! Come discover your super powers at our month-long superhero events!

See pg. 15 for all SUPERHERO events!

July 2016

DRESS AS A SUPERHERO!

7/1 All Day
ALL AGES Fee: FREE
All recreation centers

FIRE IN THE SKY 4th of July Fireworks Celebration

7/4 6-9:30pm Gilbert Soccer Complex

FAMILY GAME NIGHT

7/6 6:30-8pm
ALL AGES Fee: FREE
Southeast Regional Library

STORYTIME WITH BEAR: SUPERHERO THEME

7/8 10am & 10:30am seating
ALL AGES Fee: FREE
McQueen Park Activity Center
Call 480-503-6294 for more info.

BIRD WALK

7/10 7am

ALL AGES \$5 suggested donation Riparian Preserve at Water Ranch

SUPERHERO ZUMBA

7/15 5:30-7pm

16+ Years Daily Admission Fee Required

Freestone Recreation Center

BUTTERFLY & DRANGONFLY WALK

7/17 7am

ALL AGES \$5 suggested donation Riparian Preserve at Water Ranch

EAST VALLEY ASTRONOMY CLUB View the Night's Sky

7/18 7-8:30pm

ALL AGES Fee: FREE

Riparian Preserve at Water Ranch

LAST DAY OF PUBLIC SWIM

July 30 11am-4pm

ALL AGES Fee: \$3 Adults/\$1 Child

Greenfield, Mesquite & Williams Field Pools

Visit gilbertaz.gov/aquatics for more info.

August 2016

STORYTIME WITH ARIEL

8/6 10-11am 1-16 Years Fee: \$5 Gilbert Community Center

See pg. 19 for more information

September 2016

MOVIE IN THE PARK

Featured Film: Zootopia

9/9 6:45pm ALL AGES Fee: FREE Gilbert Community Center

See pg. 19 for more information

PAINT PARTY!

9/28 6-8pm 16+ Years Fee: \$25 Gilbert Community Center See pg. 19 for more information

October 2016

MOVIE IN THE PARK

Featured Film: Jungle Book

10/7 6pm

ALL AGES Fee: FREE

Gilbert Community Center

See pg. 16 for more information

STORYTIME WITH MERIDA

10/15 10-11am1-16 Years Fee: \$5Gilbert Community Center

LITTLE WIGGLES FALL FESTIVAL

10/21 12:30-1:30pm
2-5 Years Fee: \$5
Freestone Recreation Center
See pg. 17 for more information

McQUEEN'S MONSTER MASH

10/28 11am-12pm 1-6 Years Fee: \$5/child McQueen Park Activity Center See pg. 16 for more information





Check out Facebook.com/GilbertParksRec for more information each week on events and activities!

Superhero Wiggle Worms at McQueen Park Activity Center 9-11am (0-5years) (fee

Dress as a superhero at any of the Gilbert Rec Centers and get a free prize!

SAT

Register for Super Hero Camps this month! GilbertRecreation.com

3

Follow us on Facebook! GilbertParksRec

Don't forget to tag us and #SuperJuly all this month!

Join us for Fireworks during Fire in the Sky at 9pm 6:00-9:30pm Gilbert Soccer Complex (Greenfield & Germann)
Campo Verde H.S.



Family Game Night-6:30-8pm at Southeast Regional Library- (all ages)

Superhero Storytime with Bear at McQueen Park Activity Center 10am & 10:30am seatings (0-5years)

9

It's a bird.. It's a plane.. It's a Bird Walk-Riparian Preserve at 6am (all ages)

Superhero week at Kidz Kamp at FRC

PeeWee Superhero

GilbertRecreation.com

Fall Session Registration begins online at 7am GilbertRecreation.com



Follow and tag us on Instagram! @GilbertParksRec



Superhero Zumba at Freestone Recreation Center 5:30-7pm Dress like a superhero and get your dance on! (Fee required, free for members)

17

Super Cool Butterflies & Dragonflies walk at Riparian Preserve 7am (all ages)

18

East Valley Astronomy Club 7-8:30pm at Riparian Preserve

Superhero Summer **Camp at Page Park**

20

Find a Superhero in the park! Starting at 8:30am clues will be given on Facebook (GilbertParksRec)



Follow and tag us on Instagram!
@GilbertParksRec



24/31



Superhero Preschool Camp at Gilbert Community Center

26

19

Follow us on Facebook! GilbertParksRec

Don't forget to tag us and #SuperJuly all this

27

28

Superhero Scavenger Hunt! Starting at 8:30am clues will be given on Facebook (GilbertParksRec)

29

Zumba Gold at the Senior Center 8:45-9:45am (50+years) (no charge)

Last day of public swim! Popsicles and photos with Princesses Elsa and Ariel. Please check schedule online for

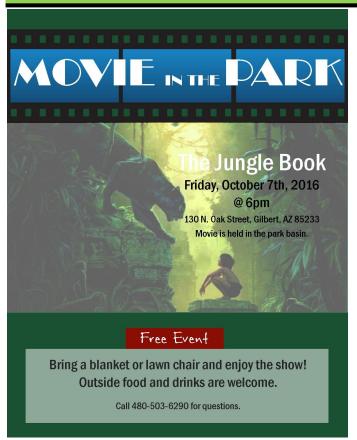


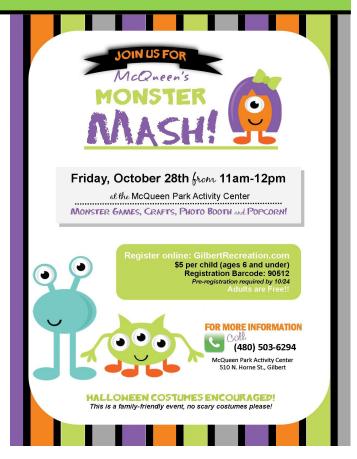


National Recreation and Park Association

#SUPERJULY WWW.NRPA.ORG/JULY

COMMUNITY and **FAMILY EVENTS**







SUPERHERO WIGGLE WORMS AT MCQUEEN PARK ACTIVITY CENTER

Join your favorite Superheroes for a fun-filled obstacle course, superhero games and prizes for everyone who comes dressed as a superhero!

Friday, July 1st 9-11am

McQueen Park Activity Center

510 H Horne Street
Gibert, AZ 8523
Fees apply per child
\$1.50 with Gilbert ID
\$2.00 for non-resident
Adults receive FREE admission!

Please call 480-503-6294 for questions

STORYTIME ADVENTURES with BEAR

Adventures are held the **2**ND FRIDAY of EVERY MONTH

10am & 10:30am (seatings available)

(No registration necessary)





Grab your best stuffed friend and join us for a classic children's story. Each month we will set out on a new adventure through the pages of our books and create a story inspired craft.

The pages turn at the McQueen Park Activity Center 510 N Home St. (480) 503-6294

Little Wiggles Fall Festival

Bring your little boos and ghouls for some Casper-sized fall holiday fun! Spider Ring Toss, Boo Bowling, a Costume Parade, Spooky Tattoos and More!

Friday, October 21st 12:30pm-1:30pm

Cost: \$5.00 per Child, ages 2-5 years



TRAVERSE WALL SUMMER HOURS

Tuesday & Thursday 1-3pm From May 24 through August 4





Stay active while having fun racing across this awesome traverse wall! Staff will provide supervised climbing activities while rock like features and multiple climbing routes add climbing challenges.

- Sneakers MUST be worn
- Traverse Wall Waiver MUST be signed by parent or legal guardian
- Children under the age of 12 MUST be accompanied by an adult

Daily admission fees apply

McQueen Park Activity Center • 510 N. Horne St. • 480.503.6294





Wiggle Worm Adventures



Check out our indoor play area for you and your child to have some wiggly, giggly fun!

CLEAN! SAFE! FUN!

SUMMER HOURS Mod, Wed and Fri

avail through Aug. 12

FRIDAY's ONLY beginning Aug. 12

drop-in betweek 9-11am Children 5 years

and younger welcome

with adult supervision



FOR MORE INFORMATION

McQueen Park Activity Center (480) 503-6294

Calling All Artists.

To participate in the

Rotating Art Program at
the Southeast Regional
Library!

Display your art for the hundreds of patrons visiting our library lobby everyday. It's a great way to share and show off your beautiful

works of art. Our goal is to have a new exhibitor every month. Put in your application today!

We are looking for any type of artwork that can be displayed on our hanging picture mounting system including photography, painting, mixed media, pen, pencil, pastels, etc. General submission/installation guidelines do apply. For more information and to complete the Rotating Art Exhibit Application go to Gilbertaz.gov or call 480-503-6256.

We are proud to showcase local artists, promote art awareness and foster art education!



/GilbertParksRec @GilbertParksRec



FUN ZONE

AUGUST 3, 2016 - MAY 23 2017 Monday - Friday 3:45-6pm Monthly Registration Required

A safe, enriching place for your child to come to after school!

- Daily Homework Time Arts & Cr
- Special Events &
 Themed Days
- ne * Arts & Crafts * Sports & Games
- \$50 Per Month

Registration available for 2016-17 school year!

August Barcode-90514 September Barcode: 90515 October Barcode: 90516 November Barcode 90517 90518 December Barcode: January Barcode 90519 Fehruaru Barrode 90520 90521 March Barcode: 90523

Register online: GilbertRecreation.com







FOR MORE INFORMATION

Call (480) 503-6294
McQueen Park Activity Center
S10 N. Horne St., Gilbert



GILBERT



Freestone Recreation Center

Why YOU Need a Personal Trainer:

- ✓ You want motivation and accountability
- ✓ You want to be challenged
- ✓ You are not seeing results and need a jump start
- ✓ You are not reaching your goals
- ✓ You are new to exercise
- ✓ You are training for a sport or an event

Personal Training Pricing:

Each personal training session is approximately one-hour in length.

Sessions maybe purchased in packages of 2, 5, 10 or 20 and can be used over a period of time determined by the trainer and the client.

2 sessions \$ 77.00 (\$38.50 per session)
5 sessions \$181.50 (\$36.30 per session)
10 sessions \$341.00 (\$34.10 per session)

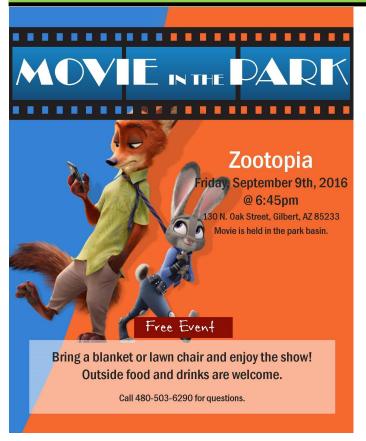
20 sessions \$638.00 (\$31.90 per session)



PARKS & RECREATION

To schedule a personal training session, register at the Guest Services Desk. Your trainer will contact you by phone to get you started.

Freestone Recreation Center: 1141 E. Guadalupe Rd Gilbert, AZ 85234 (480) 503-6202







Come paint along with us! This class will be a social evening filled with fun and paint. Bring a friend and go home with your very own masterpiece.

W<mark>ednesda</mark>y, Sep<mark>t</mark>embe<mark>r 28th</mark> 6-8pm

> G<mark>i</mark>lbert Commu<mark>n</mark>ity Center 16+ Years \$25 all supplies wi<mark>ll</mark> be provided

Register on<mark>l</mark>ine at
GilbertRecreation.com using code:
90511

For more information or questions please call 480-503-6290

SPARK SPOT

SPARK Spot is an innovative and collaborative space uniquely designed for Gilbert-based entreprenuers.

- Free Business Workshops
- Access to Development Resources
- Mentor Program
- Business Assistance
- Free WiFi
- Meeting Room Reservation





SPARK Spot is located in the Southeast Regional Library 775 North Greenfield Road, Gilbert, AZ 85234

Find the ASU Startup School class schedule and more information at: www.gilbertedi.com/spark.php

ADAPTIVE RECREATION OVERVIEW

The Gilbert Parks & Recreation Adaptive Recreation Program strives to provide a comfortable, inviting, educational, and social environment where participants can learn and interact with others. The goal is to provide the best opportunities for participants to enrich their lives.



ADAPTIVE RECREATION CLASSES

COOKING 101

In your cooking class, we will provide easy to follow recipes that are fun to make and fast to put together. We will also learn basic kitchen safety tips. How-to instructions will be provided each week to recreate at home. Bring home the skills to be a great chef! The possibilities are endless! This class is specifically designed for persons with special needs. Participants should be able to follow simple directions. You must register for this class, drop-in not allowed for this class.

12+ YEARS

90439 W 8/17-10/5 5-6pm CC \$56

Instructor: Pam Jackson

YO! GO! YOGA!

This yoga class, designed especially for those with special needs, combines the soothing and therapeutic benefits of yoga with a fun social atmosphere that is perfect for the beginner. Learn new stretches that can improve balance both physically and mentally all while making new friends. Participants should be able to follow simple directions. Can't come very week? Pay as you go. You must RSVP to Guarantee your spot, no exceptions!

12 + Years

90526 W 8/17-10/5 4:30-5:30pm CC \$40 (\$5/ week)

Instructor: TBA

HANDMADE CRAFTS

Come have fun with your friends while making a new craft each week. Each handmade craft will be a great keepsake item for yourself or to give as a gift. *This class is designed specifically for persons with special needs.* Can't come every week? Pay as you go. You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions.

12+ YEARS

90149 T 8/16-10/4 4:30-5:30pm CC \$40 (\$5/week) Instructor: Susie Garner

KARAOKE DANCE PARTY

Do you love to move and groove when you turn on the tunes? This class will teach simple activity, party, and line dances using some of your favorite music. Favorites will include the Macarena, the Cupid Shuffle, The Cha Cha Slide, and many more popular dances. There will also be time each week to dance your own way to popular tunes. This is an up-tempo, high energy class that will be sure to please all you dance lovers out there! *This event is designed specifically for persons with special needs.*

12+ YEARS

90150 T 8/16-10/4 4:30-5:30pm CC \$40 (\$5/week) Instructor: Jenn Myers

SANCHIN-RYU KARATE FOR PERSONS WITH SPECIAL NEEDS

Have fun learning the fundamental movements of Sanchin-Ryu. Benefits of this program include: Enhanced balance and coordination, improved motor-skills and useful self-defense techniques. Students study in a fun, high-energy, non-competitive environment. **Participants must be able to follow simple directions.** *Please wear comfortable clothing that does not restrict movement.*

10+ YEARS

90440 M 8/15-10/3* 4:30-5:30pm CC \$35

Instructor: Sanchin-Ryu Staff *No class 9/5

SPECIAL OYLYMPIC BOWLING

Individuals with special needs 8 years and older are encouraged to join in the fun of bowling. Taking part in this sport provides individuals the chance to develop physical fitness, self-confidence and build strong relationships. Those needing extra supervision must provide his/her own aide. Register in advance to guarantee your bowling lane. Can't come every week? Pay as you go. This session of bowling provides the opportunity to participate in the Special Olympics Tournament in November. A Special Olympics physical is required for training and competition. Medical forms for the physical can be picked up at the Community Center or on the Special Olympics Arizona website. *Practices will be held at Brunswick Zone XL, 1160 S. Gilbert Rd.* Bowlers can still bowl without participating in Special Olympics, please let staff know if this is the case. **Register early space is limited! All bowlers must register or RSVP to guarantee space no exceptions!**

8+ YEARS

90151 TH 8/18-10/6 4:30-5:30pm BBZ \$40 (\$5/week) Instructor: Gilbert Staff

THERAPEUTIC RECREATION HORSEMANSHIP

These classes are geared to each rider as an individual and are aimed toward their own abilities. With the help of certified instructors and volunteers, students gain a feeling of personal accomplishment and a freedom of movement they cannot experience in a wheelchair or other aiding devices. Most importantly, riders can benefit physically, emotionally and mentally through interaction with the horses, instructors, volunteers and fellow students. **Students under 18 must have parent/guardian sign a liability waiver at first class**. *These classes take place at Valley Silver Bullets (VSB), located at 43757 N. Coyote Rd. San Tan Valley, AZ 85140*.

6+ YEARS

90441 M 9/12-11/21* 6-7pm VSB \$195 Instructor: Valley Silver Bullets ***No class 10/31**

ADAPTIVE RECREATION



ZUMBA

This is a slower paced cardio workout designed for beginners and those with physical limitations. Easy to follow dance steps are set to unique Latin dance music to help maximize caloric output with fun, fat burning movements. This class increases skills in coordination, balance, discipline, memory, and movement. Can't come every week? Pay as you go. You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions.

13+ YEARS

90152 M 8/15-10/3* 5-6pm CC \$35 (\$5/week) Instructor: Michelle Dulansky *No Class 9/5



AUGUST

MOVIE AT THE COMMUNITY CENTER

Sit back, relax, and enjoy a movie on the big screen! We will have pizza, popcorn, and drinks! Movie is TBA and will be shown on the big screen inside the Gilbert Community Center, 130 N Oak St.

8+ YEARS

87860 F 8/19 6:30-8:30pm CC \$5

BUILD-A-BEAR FIELD TRIP

On this field trip we will go to Build-A-Bear where you can choose a toy to stuff! Give your toy a name and take it with you to their new special home. After we will go to the food court at the mall to eat lunch. Please bring additional money for lunch. Transportation is provided and is limited to 20 passengers. Participants are welcome to join us at Chandler Mall once the van is full. *Registration is required to receive group pricing.*

8+ YEARS

87861 F 8/12 10am-2pm CC \$25

Join Our Parks & Recreation Mailing List!



Click <u>HERE</u> to subscribe to receive the latest newsletters, updates and information about our programs and events sent straight to your inbox.

WEDNESDAY NIGHT SOCIAL NIGHT

Join us every other Wednesday night as we get together for a social hour with friends! We will play bingo, sing karaoke, boogie to the top hits, and more as we spend some time getting to know each other. The Town of Gilbert will no longer be providing snacks for social nights, please contact the Community Center at 480-503-6290 if you would like to donate a snack. FREE!!

Registration is appreciated.

12+ YEARS

90145	W	8/17	6-7pm	CC	FREE	SOCK HOP
90146	W	8/31	6-7pm	CC	FREE	BINGO
90147	W	9/14	6-7pm	CC	FREE	KARAOKE
90148	W	9/28	6-7pm	CC	FREE	SOCKHOP

SEPTEMBER

OLD WEST HOE DOWN

Throw on your hat and put on them boots 'cause it's time to do the barnyard boogie! We will have a great time dancing to your favorite country music and today's hits too. There will also be a hay-ride and yummy chili to enjoy. This dance will be held at the Gilbert Community Center 130 N Oak St. Gilbert, AZ.

12+ YEARS

90140 F 9/16 6-9pm CC \$5

ODYSEA AQUARIUM

Dive into the deep blue sea with us on this exciting field trip to the brand new Odysea Aquarium. Sharks, turtles and fancy fish are just a few of the wonderful creatures you will get up close and personal with at the aquarium. We will get lunch at the Lighthouse Café inside the aquarium, so bring an additional 10-15 dollars for food. Sign up for this field trip will be from 7/12-9/23, no registrations will be taken after this date. **Transportation is provided and is limited to 20 passengers.**

14+ YEARS

90143 F 9/30 10am-4pm CC \$25

OCTOBER

HALLOWEEN BALL

Let's do the Monster Mash! Wear your Halloween costume for all your friends to see! There will be a costume contest. We'll have a great time dancing to music and enjoying old and new friends. Light refreshments will be served.

12+ YEARS

90141 F 10/28 6-9pm CC \$5

MUSIC INSTRUMENT MUSEUM

Learn about more than 6500 different instruments from around the world, get to see instruments that were played by your favorite artists such as Taylor Swift and get to play the instruments yourself! There is so much to do and learn at the Music Instrument Museum you won't want to leave! We will enjoy lunch at the Café Allegro inside the museum so bring an additional 15-20 dollars for lunch. Sign up for this field trip will be from 7/12-10/14, no registrations will be taken after this date **Transportation is provided and is limited to 20 passengers.**

14+ YEARS

90144 F 10/21 10am-4pm CC \$20





YOUTH/TEEN CAMPS

ARCHERY FUN CAMP

Learn archery skills and have fun competitions during this week long camp. Appropriate for all shooting levels. Equipment will be provided. Come and have fun while learning from USA Archery Certified coaches. A \$20 supply fee will be collected on the first day of camp. This camp will take place on the dirt lot north of Nichols Park (NPARK).

8+ YEARS

90442 M-F 10/10-10/14 10-11:30am NPARK \$95 Instructor: Sandra Reynolds

COOKING 101 CAMP

This fun camp will teach your culinary enthusiasts the basics of baking and cooking! We'll make an appetizer, main dishes, breakfast item and dessert. Get ready to taste some amazing foods! Recipes will be given at each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

5-8 YEARS

90276	M-TH	10/10-10/13	12-1:30pm	MPAC	\$45			
8-14 YEARS								
90277	M-TH	10/10-10/13	2-3:30pm	MPAC	\$45			
Instructor: TBA								



EARLY CHILDHOOD CAMPS

COOKING 101 CAMP FOR KIDS

This fun camp will teach your culinary enthusiasts the basics of baking and cooking! We'll make an appetizer, main dishes, breakfast item and dessert. Get ready to taste some amazing foods! Recipes will be given at each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

3-6 YEARS

90280 M-TH 10/10-10/13 10:30-11:30am MPAC \$35 Instructor: TBA

PEE WEE ENRICHMENT CAMP

We'll get your lil one movin', groovin' and grinnin' in a safe, fun, nurturing environment. Drop off your pee wee to participate in a gamut of age-appropriate activities such as learning centers, music & movement, arts & crafts, games and so much more! Campers will experience socialization, purposeful play and teamwork to improve their cognitive, emotional and physical wellbeing. Unique themes are incorporated to keep the campers engaged and create the atmosphere of fun learning. Don't miss out, cuz PEE WEE CAMP is the place to be! Participants must be minimum age of class by the first day of class.

3-6 YEARS

90275 M/W/F 10/10-10/14 9:15am-12:15pm MPAC \$53 Instructor: TBA



ETIQUETTE & LEADERSHIP CAMP II

Pre-requisite Character & Etiquette Camp. This 2nd level camp is an expansion to the social lessons of etiquette, character, leadership, poise, self-respect, and other behaviors important to healthy social and emotional growth. Your child is instructed in these values along with lessons on how to be a friend and choose healthy friendships, decision making and cognitive skills. This course will enhance self-esteem and provide invaluable lessons traditionally taught in formal charm, finishing or home school. A \$12 supply fee will be collected on the first day of camp.

8-12 YEARS

90443 M-F 10/10-10/14 9:30-10:30am CC \$79 Instructor: Arizona Academy of Charm Staff

FALL BREAK BASKETBALL CAMP

This camp is intended to teach boys and girls the fundamentals of basketball. Ball handling skills such as dribbling, passing and shooting will be taught during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged.

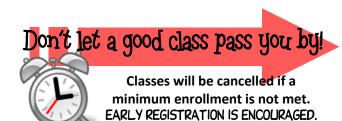
9-12 YEARS

90437 M/W/F 10/10-10/14 8-8:45am FRC \$17 Instructor: Kelli Morgan

FALL BREAK KIDZ KAMP

See KIDZ KAMP FLYER on pg.24 for camp description and details.

"The girls loved learning to cook new things and then eating them!"



LEGO® BUILDING AND ROBOTICS CAMPS

Everybody loves LEGOS®! These camps focus on teaching children basic computer skills and concepts, basic programming, creative problem solving, concentration & perseverance, critical thinking, cooperation, confidence, designing, planning & organizing, teamwork, communication, and independent thinking. Learning the fun way!

ADVANCED BUILDING "SIMPLE & ADVANCED MACHINES"

Advanced exploration of complex machines using LEGO™ Educational building systems. This class focuses on advanced building concepts: rack/pinion, transmission, differential gears, and investigate motorized machines. Children explore problem-solving activities designed to solve tasks related to advanced mechanical principles.

7-12 YEARS

90445 M-F 10/10-10/14 1-4pm SERL \$120 Instructor: Mr. B

BUILDING FUNDAMENTALS "MACHINES & MECHANISMS"

Explore machines and mechanisms using LEGO™ Educational building systems. This class focuses on basic concepts behind structures, forces, levers, wheels, axles, gears, pulleys, and energy sources. Children explore problem-solving activities designed to solve tasks related to mechanical principles.

5-8 YEARS

90444 M-F 10/10-10/14 9am-12pm SERL \$120 Instructor: Mr. B

MAD SCIENTIST'S ADVENTURE LAB

Is your child secretly a mad scientist?! In this lab, your kiddo will embark on a series of science adventures! Focus is on inspiring, educating and entertaining your kiddo about the world of science through calculations, measurements and a big ole mess! Each class we'll erupt with a new project and create a science journal to track our findings. Is your kiddo mad enough for this camp?!

5-8 YEARS

Instructor: TBA

90278	M/W/F	10/10-10/14	12-1:15pm	MPAC	\$31		
8-12 YEARS							
90279	M/W/F	10/10-10/14	1:30-2:45pm	MPAC	\$31		

MOVIES BY KIDS CAMPS

MOVIES BY KIDS is a creative program designed for teaching young students the exciting process of movie making and animation. All student films will be made available for download online approximately 2-4 weeks after each camp has ended. Movies By Kids Staff supervised lunch from 12-1pm for students taking both morning and afternoon camps. All camps are staffed by Movies By Kids.

MINECRAFT MOVIE MAKING

Do you love Minecraft? Join this exciting camp where kids will design a Minecraft world using Lego® blocks, create their own crazy Minecraft characters out of clay & putty and finally, utilize iPods to create their own Minecraft movie and become the voices for all the characters. Create monsters, creepers or your own personal hero to tackle the incredible environment that you create. Bring in a USB thumb drive and take home your masterpiece along with all the other movies in the camp. A \$15 supply fee will be collected by the instructor on the first day of camp.

6-12 YEARS

90448 M-F 10/10-10/14 9am-12pm SERL \$149

STAR WARS: CLAYMATION GALAXY

In this creative camp, students will design and build their own unique aliens, Jedi Knights, Sith lords, etc. out of clay. Utilizing iPods (provided), their Star Wars masterpieces will come to life using the art of stop-motion-animation. Students supply the voice-over for the characters in their movies & all projects will be available to view and download online. A \$15 supply fee will be collected on the first day camp.

6-12 YEARS

90449 M-F 10/10-10/14 1-4pm SERL \$149

VOLLEYBALL CLINIC

Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. *Participants need to wear tennis shoes and may bring their own volleyball to class each day.*

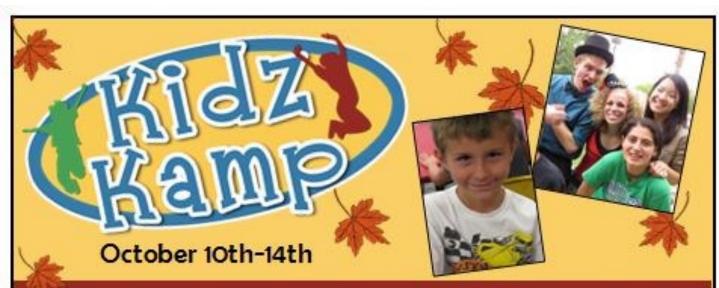
9-12 YEARS

90438 M/W/F 10/10-10/14 9-9:45am FRC \$17

Instructor: Kelli Morgan

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.



Join the Kidz Kamp Leaders for some Fall fun as we celebrate the season and all that it has to offer. Camp selections include Full Week Camp, Daily Rates, Pit Stop Lunch and Overtime. Each day your camper will enjoy a variety of activities such as arts & crafts, science experiments, board games, active play and rock wall climbing. Kidz Kamp is for kids age 5-12 years old.



Full Week Camp - \$55

Offered in two daily sessions, morning and afternoon.

9:00am-12:00pm

90422 M-F 10/10-10/14

1:00-4:00pm

90423 M-F 10/10-10/14



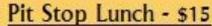
Daily Rates - \$13

1	Tuesday	Wednesday	Thursday	Friday	
Ì	11	12	13	14	
	AM 90424	AM 90425	AM 90426	AM 90427	
ı	PM 90428	PM 90429	CARGO COLORES	PM 90431	









Pit stop lunch is from 12-1pm. Campers must bring in a sack lunch. Please note a refrigerator and microwave are not available, please plan your child's lunch accordingly.

90432 M-F 10/10-10/14

12-1pm



Overtime - \$15

Overtime is available up to one hour before and/or after Kamp.

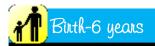
8:00-9:00am

4:00-5:00pm

90433 M-F 10/10-10/14 90434 M-F 10/10-10/14

Freestone Recreation Center 1141 E. Guadalupe Rd Gilbert, AZ 85234 (480)503-6202





Important Parent/Tot Class Info

Parent/Tot classes are designed to encourage both parent and child participation through instructor led activities. With you by their side, children will experience skills in sharing listening and following directions.

Classes are recommended for the first time participants and those that aren't quite ready to leave your side. This is a great opportunity to spend quality time with your child and enhance their skills.



Look for this icon to see our exciting new! offerings this session

ACADEMICS



GREAT STARTS-PARENT/TOT

This class will prepare your child for preschool by reinforcing letters, numbers, shapes and colors with you by their side. Math, music, arts and crafts, science and playtime will all be part of our curriculum. We will end our class with story time and snacks.

2-3 YEARS

90193 T/TH 8/16-10/6 9-10am MPAC \$90 Instructor: Carolyn Love

LITTLE EXPLORERS-PARENT/TOT

Join the adventure, put on those thinking caps and explore the wonderful land of learning. This class is sure to get even the littlest of learners excited about the world around them and how much there is to discover. Begin by diving into the deep sea of letters where you will find a world or words, travel through the mountains of numbers where there is no number too high, and dig deep into the unearthed lands of patterns where mysteries' are solved. No feat is too large for these little explorers!

2-3 YEARS

90103 TH 8/18-10/6 10-10:45am CC \$50 Instructor: TBA

TISTI UCTOI. TDA



ARTS & CRAFTS



ABC ART-PARENT/TOT

This class is designed for students to participate in art activities related to each letter of the alphabet. Students will study 2-3 letters each week & do a craft related to the letters. A book and or creative movement maybe implemented if time permits. Dress for a mess & come be creative with us.

2-4 YEARS

90104 F 8/19-10/7 10-10:45am CC \$50 Instructor: Susan Garner

DISCOVERY ART-PARENT/TOT

Come and explore, create and learn in this exciting class that develops and encourages self-expression and confidence through arts. Children will have fun and learn with different colors, shapes and textures. We will use a variety of art supplies including glue, clay. paint, play-dough, and more!

1 1/2 - 2 YEARS

90105 F 8/19-10/7 9-9:30am CC \$40 Instructor: Susan Garner

MESSY MONSTERS-PARENT/TOT

Bring your toddler in for a messy art experience designed just for them! Shaving cream, paint and play-dough projects will engage your child's senses while they have a messy good time. Class will end with a circle time to enjoy songs and play or story time. Come explore the amazing world of art and leave the clean up to us! *Dress down for a messy time!*

1 1/2-3 YEARS

90194 F 8/19-10/7 10:15-11am MPAC \$50 Instructor: TBA



For all Parent/Tot classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session. Participants must be the minimum age by the first day of class.



SQUISHY, MESSY, STICKY ART-PARENT/TOT

Dress down cuz you're gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us! *Dress down for a messy time!*

2-5 YEARS

90195 F 8/19-10/7 9:15-10am MPAC \$50 Instructor: TBA



DANCE/CHEER



BUBBLES & BOWS-PARENT/TOT

Wiggle, dance, tumble and pop your way into this magical class! You and your child will learn the basics of tap, ballet, tumbling and active movement to surely keep you coming back for more! Silly songs, props and dress up costumes will be incorporated to let your child express their creative side. Now, what class would be complete without a bubble parade? Soft soled dance shoes and tap shoes are recommended for your child but not required.

2-3 1/2 YEARS

90196 M 8/15-10/3* 9-9:45am MPAC \$37 Instructor: Jessica Austin ***No class 9/5**

TWINKLE TOES-PARENT/TOT

Class is full of imagination and fun allowing you to interact with your child to introduce the fundamentals of dance techniques in ballet, tap and tumbling. Dance is about learning to nurture creative movement, follow directions, become aware of one's body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem and take the first step to leaving your side! *Soft soled dance shoes and tap shoes are recommended for your child but not required.*

2-3 1/2 YEARS

90197 SAT 8/20-10/8 9:30-10:15am MPAC \$42 Instructor: Jennifer Etchells



GYMNASTICS



HEAD OVER HEELS GYMNASTICS-PARENT/TOT

Parents will learn to assist their little gymnast through warm-ups and stretching before jumping, climbing, crawling and rolling on our kid-friendly gymnastics equipment. Children are encouraged to explore the world of movement using mats and balance beams to build strength, balance and coordination. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

2-3 YEARS

90198 T 8/16-10/4 10-10:45am MPAC \$42

Instructor: TBA



HEALTH/FITNESS



YOGA TOTS-PARENT/TOT NEW

Twist, stretch, bend, balance and breathe in this exhilarating introduction to yoga! Partner up with your little one to create harmony for the week to come. Have fun working together as you are guided through a variety of yoga poses and creative group games. You and your little one will feel revived after this class. *Yoga mats provided*.

3-6 YEARS

90199 W 8/17-10/5 11:15am-12pm MPAC \$42 Instructor: Jessica Austin



MARTIAL ARTS



SANCHIN-RYU KARATE-PARENT/TOT

Both parent and tot can have fun together learning the fundamental movements of Sanchin-Ryu, an artistic form of self-defense designed in a way, that size, strength, age or athletic ability are not factors in defending one's self. Personal benefits include: enhanced balance, coordination and improved motor-skills.

3-6 YEARS

90112	M	8/15-10/3*	5:30-6:30pm	CC	\$35
90113	TH	8/18-10/6	9-10am	SERL	\$40
90114	F	8/19-10/7	5:30-6:30pm	FRC	\$40

Instructor: Sanchin-Ryu Staff *No class 9/5



SPECIAL INTEREST



MELODIES FOR US -PARENT/TOT

Join us for a fun, musical and sensory-filled experience. Themed and seasonal songs and musical opportunities will be included each week. Children are exposed to a variety of sounds and musical instruments to play. Weekly themes use a wide variety of instruments and musical experiences to help promote cognitive, motor, communication, and emotional/social development. All lead instructors are degreed, nationally Board-Certified Music Therapists.

1 MONTH-5 YEARS

90116	W	8/17-9/7	9-9:45am	CC	\$41				
90117	W	8/17-9/7	10-10:45am	CC	\$41				
90118	W	9/14-10/5	9-9:45am	CC	\$41				
90119	W	9/14-10/5	10-10:45am	CC	\$41				
Instructor: Higher Octave Healing Staff									

MUNCHKIN MUSIC-PARENT/TOT

Music, instruments, parachute, puppets, learning and just plain fun is what you and your little munchkin will experience in this class. Colleen Rogers has been teaching music & movement classes to toddlers and preschool children for over 15 years. She loves children and understands early childhood development. Parents continue to choose this class to give their children the benefit of learning through music.

15 MONTHS-5 YEARS

90120	Τ	9/13-10/4	9:30-10:10am	SERL	\$35				
90121	Τ	9/13-10/4	10:30-11:10am	SERL	\$35				
90122	W	9/14-10/5	9:30-10:10am	SERL	\$35				
90123	W	9/14-10/5	10:30-11:10am	SERL	\$35				
Instructor: Colleen Rogers									



SPORTS



MY FIRST SPORTS CLASS-PARENT/TOT

Together, you and your child will have fun learning the basics of various sports such as t-ball, soccer and basketball while developing large motor skills and coordination. Emphasis is on learning to follow directions, take turns, develop coordination and promote self-esteem. *Participants must wear tennis shoes.*

2-3 YEARS

90200 T 8/16-10/4 9:45-10:30am MPAC \$42 Instructor: Kelli Morgan

**MULTI SPORTS 2-SPORT CLINIC- BY B.E.S.T.-PARENT/

Do you want your little player to learn how to kick and control a soccer ball, do a proper throw in or be a goalie; do you want them to learn how to hit, catch, field and run the bases? Then this 8-week program is for you. We will hold 4 weeks of each sport so please bring a size #3 or #4 soccer ball, followed by 4 weeks of Softball please bring a hitting tee. The slightly larger ball makes it easier for your child to catch, throw and hit the ball which means more learning. Come join the B.E.S.T.!

2-3 YEARS

90132 SAT 8/20-10/8 10:15-11am FRC \$109 Instructor: Beginners Edge Sports Training Staff

SOCCER SKILLS CLINIC BY B.E.S.T.-PARENT/TOT

Beginners Edge Soccer Training skill building, non-league weekly soccer program will engage your kids in the world of soccer by presenting activities that are fun WHILE learning. This is the B.E.S.T. way to introduce your little player to their first experience with the world of soccer. They will be exposed to the following skills: dribbling, kicking, throw-ins, headers, goalie skills, scrimmaging and more. *Please bring a size 3 soccer ball and water bottle*.

1 1/2-2 YEARS

90128 SAT 8/20-10/8 9:15-10am FRC \$109 Instructor: Beginners Edge Sports Training Staff

SPORTBALL MULTI-SPORT-PARENT & CHILD

Using Sportball's cutting edge methodology, highly trained instructors introduce children to a new sport each week with a focus on exploration and discovery. Parents, not only will you get the joy of playing with your little one, you will also receive professional tips from certified Sportball instructors on how to progress your child's skills as well as the ABCs of Physical Literacy for years to come. Sports include Soccer, T-Ball, Football, Basketball, Volleyball, Hockey, Tennis and Golf. *All equipment is provided*.

16 MONTHS-3 YEARS

90134	SAT	8/20-10/8*	9-9:45am	CC	\$73		
2-3 YEAF	RS						
90135	W	8/17-9/28	9:15-10am	FRC	\$73		
Instructor: Sporthall Staff *No class 9/3							

"The instructor was great with my son. He's learning to be more independent with her help!"



"Our instructor was kind and sweet; very helpful!"

SPORTBALL SOCCER-PARENT & CHILD

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the exciting sport of soccer! Parents, not only will you get the joy of playing with your little one, you will also receive professional tips from certified Sportball instructors on how to progress your child's skills as well as the ABCs of Physical Literacy for years to come. *All equipment is provided.*

2-4 YEARS

90136 SAT 8/20-10/8* 9:30-10:15am MPAC \$73 Instructor: Sportball Staff *No class 9/3



TUMBLING/MOVEMENT



BABIES IN MOTION-PARENT/TOT

Little ones will explore by climbing up, down, under and over on child friendly equipment. Class gives your child the opportunity to express themselves through creative play to gain balance, coordination and social interaction. Music and props are incorporated to give your little one a jumping good time!

BIRTH-2 YEARS

90107	M	8/22-10/3*	11-11:45am	CC	\$32	
1-2 YEA	RS					
90106	M	8/22-10/3*	9-9:45am	CC	\$32	
90137	W	8/24-10/5	9-9:45am	SERL	\$37	
Instructor: Diana Hakes *No Class 9/5						

Wiggle Worm Adventures

Children 5 years and younger

Check out our indoor play area for you and your child to have some wiggly, giggly fun!





FUN & FITNESS-PARENT/TOT

Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance crawling up, down, over, through hoops, on mats, with parachutes, and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

20 MONTHS-2 YEARS

90108 M	8/22-10/3*	10-10:45am	CC	\$32
Instructor: Diana Hakes *No Class 9/5				
1-2 YEARS				
90139 W	8/24-10/5	11-11:45am	SERL	\$37
1 1/2-3 YEARS				
90201 T	8/16-10/4	9-9:45am	MPAC	\$42
Instructor: TBA				
2 ½-3 YEARS				
90138 W	8/24-10/5	10-10:45am	SERL	\$37
Instructor: Diana Hakes				

Early Childhood Class Info

Our classes are designed to encourage participation through instructor led activities. Your child will experience skills in sharing, listening and following directions. This is a time for peer socialization, purposeful play and teamwork to improve their cognitive, emotional and physical well-being. From first time participants to ongoing participants, we want this to be a fun, exciting experience for your little one. We don't force them to interact, yet we encourage them to work at their own pace. We hope to build their communication skills that will allow them to interact with their peers and instructor. This is a great opportunity for our Parks & Recreation staff to spend quality time with your child and enhance their learning that will carry them through life!



Look for this icon to see our exciting new! offerings this session

ACADEMICS

ADVANCED KINDERGARTEN READINESS

Give your kids a head start by enrolling them in Advanced Preschool. This is an advanced class which will help develop core skills needed for academic success. Coursework includes; recognizing and writing letters and numbers, introduction to basic site words, colors and shapes. Each class includes reading and discussion groups to help develop each child's love for reading and key listening and comprehension skills. Children will learn basic academic skills to succeed in Kindergarten.

4-6 YEARS

90153 T/TH 8/23-10/6 9-12pm SERL \$220

Instructor: Amber Shahid

ADVENTURES IN LEARNING

Prepare your child for the adventure of a lifetime, kindergarten! Your little one will learn the basics of reading and writing that will encourage success for years to come. This class will incorporate hands-on manipulatives that will develop cognitive & motor skills, math by counting, sorting & grouping and creative play to encourage individuality, creativity & success! Snacks provided. Participants must be minimum age by the first day of class.

4-6 YEARS

90202 T/TH 8/16-10/6 9am-12pm MPAC \$250 Instructor: Tiffany Gomez

ADVENTURE TOTS

the first day of class.*

Your first time 'student' will experience an array of preschool activities. Join us on an adventure of colors, shapes, letters and numbers to build basic skills in preparation for kindergarten. Activities include learning centers, arts and crafts, music and physical activity. Special theme days will be included to enhance learning. *This is NOT a parent tot class. Participants must be minimum age by

2-3 YEARS

90203 M 8/15-10/3* 9-9:45am MPAC \$43 Instructor: Tiffany Gomez 90204 W 8/17-10/5 9-9:45am MPAC \$48 Instructor: Jessica Austin *No class 9/5

ALPHABET SOUP

Discover the alphabet in a fun and creative way. Letter recognition, letter tracing, and crafts that relate with the letter of the day as well as story time and group play to keep your child engaged in the learning process. Children will also learn to follow directions and develop social skills.

3-5 YEARS

90378 T/TH 8/16-10/6 10am-12pm FRC \$170 Instructor: Jessica Austin

APPLES TO ZEBRAS

Travel with us through the alphabet and meet new friends. We'll learn letters and sounds, colors and shapes, and making amazing letter crafts. Come sing silly songs, wiggle and dance, and wind down with an amazing story time. Great class to develop skills as you prepare for your new adventure into kindergarten. Snacks are provided. Participants must be minimum age by the first day of class.

2-3 YEARS 90379 F

Instructor :TBA **3-4 YEARS**90205 T/TH 8/16-10/6 9:30am-12pm MPAC \$215
Instructor: Cathy Gomez

9-9:40am

8/19-10/7



PLEASE NOTE: While we love our parents, our recreation classes are intended for drop off only and parents are not allowed in the classroom during class time. If your child is not ready to attend a class without a caregiver, please see the Parent/Tot section for options.

FRC

\$50

ANIMAL CRACKERZ

Check out this amazing program that incorporates reading, writing, math, science, and physical fitness along with social development in a fun hands-on fashion! Along with letter recognition and writing skills, your child will have fun following a recipe while learning mathematical measurements, how to make slime & volcanoes erupt and the importance of taking care of our bodies with physical activity! We'll develop the whole child in a fun and exciting way!

Participants must be minimum age by the first day of class.

4-6 YEARS

 90206
 M/W
 8/15-10/5*
 9am-12pm
 MPAC
 \$235

 90207
 T/TH
 8/16-10/6
 9am-12pm
 MPAC
 \$250

Instructor: Debbie Johnston *No class 9/5

ARTMATHTICS

Combine your child's love of art with an exploration of numbers in this art and mathematics mash up! Each class we will explore the math in our art projects to give your child a head start and recognizing numbers and symmetry in the world around them!

4-6 YEARS

90380 W 8/17-10/5 9-9:45am FRC \$50

Instructor: TBA

BUILDING BLOCKS FOR TOTS

Through crafts, stories, songs and fun activities participants in this class will learn and enhance basic skills that will be utilized in preschool. The theme this session will be animals and we will use skills such as cutting and pasting, counting, and letter, color and shape recognition will be practiced to help your child get a head start on building a strong foundation that will be used for future learning.

3-5 YEARS

90072 TH 8/18-10/6 9-11am CC \$90

Instructor: TBA

CONSTRUCTIVE BUILDERS

Do you have a budding Frank Lloyd Wright constructing towers and Lego houses? Come join us as we encourage your child's love of shapes and colors while exploring and building with a variety of mediums. Each week we will learn a new shape and color, counting sides and growing our vocabularies.

3-5 YEARS

90381 TH 8/18-10/6 10-10:45am FRC \$50

Instructor: Debra Shaw

DISCOVERY SCIENCE

Calling all science enthusiasts! Check out our fun, interactive and educational science class. This class is hands-on, so be sure to dress for mess! We'll create experiments that pop, fizz and explode that are sure to jump start your child's excitement and create a sense of wonder and discovery! Your child will have a blast in this class!

3-6 YEARS

0 0					
90208 V	V 8/17-10/5	10:15-11am	MPAC	\$48	
Instructor	: Jessica Austin				
90382 N	N 8/15-10/3*	9-9:45	FRC	\$45	
Instructor: TBA *No class 9/5					

FUN WITH SCIENCE

Let's make a mess exploring science and discovering new things. In this class your child will use all their senses to discover and explore their environment, develop their imagination, creative thinking, ability to problem solve, and experiment with solutions. **Participants must be the minimum age by the first day of class.** *Dress for a mess!* **3-5YEARS**

90281 M 8/15-10/3* 11:30am-12:30pm SERL \$45

Instructor: TBA *No class 9/5

FUNDAY FRIDAY

Come join us for a fun-filled adventure land loaded with a variety of activities your child is sure to enjoy! Make amazing crafts, sing silly songs, play outdoors, take a nature walk, watch funny movies, make yummy buttered popcorn, read fairytales, make delicious ice cream, paint colorful collages, dig for dinos, and go on a bear hunt...just to name a few! This is a place where a kid can be a kid! Participants must be minimum age by the first day of class.

3-5 YEARS

90209 F 8/19-10/7 10am-12pm MPAC \$90 Instructor: Cathy Gomez

INTRO TO KINDERGARTEN READINESS

Introduction to preschool will expose first time preschoolers to a structured learning environment. Students will learn to recognize letters, numbers, shapes and colors. Students will also learn how to follow directions and socialize with other students in a nurturing environment. This class will help students gain the needed skills to succeed in the Advanced Kindergarten Readiness class.

3-4 YEARS

90154	M	8/15-10/3*	9-10am	SERL	\$45
90155	M	8/15-10/3*	10:15-11:15	SERL	\$45
Instruct	or: TBA *	No class 9/5			
90156	T/TH	8/23-10/6	12:30-1:15pm	SERL	\$75
Instructor: Amber Shahid					



"My son had a lot of fun ${\mathcal E}$ met new friends!"

JUNIOR GENIUSES

Get your child prepped and ready for school with this fun, educational class! Students will engage in brain boosting activities that keep your child excited about learning. Academics; such as alphabet, counting and patterns will be presented in class, as well as games, songs, books and crafts to strengthen memory, gross and fine motor skills, language and social skills. Children will leave feeling more confident and eager to explore.

3-5 YEARS

90073 M/W 8/15-10/5* 9-11am CC \$160

Instructor: TBA *No Class 9/5

KINDER COLLEGE

Learning and Lunch with friends? What could be more fun? Designed to give your student a head start on Kindergarten preparedness this class is focused on letters and phonics, numbers and mathematical expressions. Each week we will focus on a new theme applying the key concepts of numbers and letters in combination with arts, crafts and science. After working up our appetites we will settle down with our lunches for a true "big kid" experience. Please send a sack lunch with your child, food allergies will be discussed on the first day of class, please NO peanut products. 4-6 YEARS

90383 M/T/W 8/15-10/5* 10:45-1:15pm FRC \$285

Instructor: Debra Shaw *No class 8/30 & 9/5

LEARN MORE FOR 3-4'S

Looking for the next step up from the Room to Bloom class? Learn More For 3-4's will continue to reinforcing letters, numbers, shapes and colors. Math, music, arts & crafts, and purposeful play will all be incorporated into the weekly curriculum. We will end our class with story time and a snack. Participants must be minimum age by the first day of class.

3-4 YEARS

90210 M/W 8/15-10/5* 9am-12pm MPAC \$240

Instructor: Carolyn Love *No class 9/5

LITTLE SCHOLARS

Is your little Einstein ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience. We will work on name recognition, prewriting skills, counting, ABC's, weather, the seasons, and so much more. Arts and crafts, music, and stories will enrich our experience in a fun and social atmosphere.

3-5 YEARS

90157	W	9/14-10/5	11-11:45am	SERL	\$25
90158	F	9/16-10/7	11-11:45am	SERL	\$25
Instructor: Chelsea Hurlburt					
90384	M/T/W	8/15-10/5*	9-10:30am	FRC	\$175
Instructor: Debra Shaw *No class 8/30 & 9/5					



Look for this icon to see our exciting new! offerings this session

LITTLE SCIENTIST

Children will have fun learning about a variety of different topics such as Ocean Life, Reptiles, Weather, Our Skeletal System and many more. Children will learn about these through simple experiments, books, songs and hands on activities.

3-5 YEARS

90385 F 8/19-10/7 10-10:45am FRC \$50

Instructor: TBA

LUNCH BUNCH LEARNERS

Get your child prepped and ready for kindergarten with this wildly popular class. Writing skills, letter sounds, name recognition, counting in English and Spanish, weather and science are just a few of the fun, exciting topics we will cover; all while experiencing art, music, story-time, physical fitness and pretend play. Learn important social skills and manners each day while enjoying a lunch packed from home and participate in fun community activities throughout the session. Please note: Food allergies will be discussed on the first day. As a precaution, please NO peanut products.

31/2-5 1/2 YEARS

90074 M/W 8/15-10/5* 9am-12pm CC \$235

Instructor: Susan Miller *No Class 9/5

MAD MATH I

COUNT on us to help you hone in on your math skills! We will concentrate on learning numbers and simple addition. Flashcards, worksheets and manipulatives will be used to teach children math in an engaging, fun fashion. In ADDITION to learning math, SUM of you will have an exceptionally good time! Participants must be the minimum age by first day of class.

4-6 YEARS

90211 F 8/19-10/7 9-10:15am MPAC \$56

Instructor: Carolyn Love

MAGICAL MORNINGS SMART START

Is your child ready for a longer class? This 2 hours/ twice a week class offers a lot. We will begin to learn our letters, and their sounds through song and music. We will begin to recognize our names, count to 20, experiment with science, as well as learn some basic Spanish. Repetition is a big key to learning. We continue with colors, shapes, and explore some other valuable skills that are key to academic success. There will be weekly themes, daily art projects, sticky messy play, lots of fun songs, stories, and of course some exciting special activities. *This class continues through the calendar year with new activities and skills being added each session.* Participant must be minimum age by the first day of class.

3-4 1/2 YEARS

90075 T/TH 8/16-10/6 9-11am CC \$170

Instructor: Susan Miller

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Connect for more fun!







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MAGICAL MORNINGS TODDLERSCHOOL

This is a "first experience" class without parents. This is a chance for your child to be "on his own", and develop his/her own unique personality. Our academics will center around colors and shapes, counting to 10, music and movement, crafts and stories, and more. Children will learn to socialize, and play with other in a structured learning environment. This class continues throughout the school year with new activities being added each session. Participant must be minimum age by the first day of class.

2 1/2-3 1/2 YEARS

90076 T/TH 8/16-10/6 11:

11:15am-12:15pm CC \$90

Instructor: Susan Miller

MIGHTY MUNCHKINS

First time Preschooler? This is the class for you! Introduce your child to the alphabet, numbers, shapes, games and much, much more. We will sing songs, make crafts and practice our listening skills while having fun.

2-3 YEARS

90386 T 8/16-10/4 9-9:40am FRC \$50 Instructor: Jessica Austin 90387 TH 8/18-10/6 9-9:40am FRC \$50

Instructor: Debra Shaw

MY FIRST BIG KID CLASS

Is your child ready to be in a classroom all by him or herself? Do they want to explore everything and imitate all the things you do or say? It's time for a big kid class! In this class your toddler will learn to share, use their manners, play with others and more all while learning shapes, colors, numbers, and letters! *This is NOT a parent tot class. Participants must be minimum age by the first day of class.*
2-3 YEARS

90077 T 8/16-10/4 9-9:45am CC \$50

Instructor: TBA

PHONICS AT THE ZOO PRE-K PREP

Join Miss Robin to learn letters and sounds using the popular 'Zoo-Phonics' curriculum. Prepare for reading and handwriting using 'Handwriting without Tears' and 'Starfall' programs. Learning centers will allow children a hands-on experience with science, math, sign language and Spanish. Learning assessments will be incorporated to monitor your child's progress. Participants must be minimum age by the first day of class.

3-5 YEARS

90212 M/W/F 8/15-10/7* 9am-12pm MPAC \$355 Instructor: Robin Baggett *No class 9/5



PLAYHOUSE ADVENTURES

This class offers a variety of activities, such as letters, shapes, number, colors, art work, story time and songs. We will discuss a different theme each week that is sure to keep even the most curious child fascinated and give them the opportunity to grow and develop socially as well as academically. Participant must be minimum age by the first day of class.

3-5 YEARS

90388 M/W 8/15-10/5 10-11:30am FRC \$123

Instructor: TBA No class 9/5.

ROOM TO BLOOM

Watch your child bloom in this fun academic class while they learn the alphabet, numbers, colors and shapes. Crafts and play stations will enhance your child's creativity and social skills. *This is NOT a parent tot class. Participants must be minimum age by the first day of class.*

2-3 YEARS

90213 T/TH 8/16-10/6 10:15-11:15am MPAC \$90 Instructor: Carolyn Love

SUPERHERO SCIENCE

Has your little superhero ever wondered why Spiderman can climb up the side of buildings, or why Bruce Wayne is the Batman? Join us on this learning adventure as we explore the history and science behind some of our favorite heroes.

4-6 YEARS

90389 TH 8/18-10/6 9-9:45am FRC \$55 Instructor: Jessica Austin

UPDATE YOUR ACCOUNT WITH US!

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"Educational and fun with lots of hands on activities!"

TINY TOTS PRESCHOOLERS

Your little one will make new friends and have lots of fun while getting an introduction to preschool. We'll practice fine motor skills, following directions and social skills. Beginning concepts such as letters, numbers, and colors will also be incorporated through crafts, songs, stories and games. Please note this is NOT a parent/tot class. Only Registered participants are allowed in the room. Participants must be minimum age by the first day of class.

2-3 YEARS

90159	W	9/14-10/5	10-10:45am	SERL	\$25
90160	F	9/16-10/7	9-9:45am	SERL	\$25
90161	F	9/16-10/7	10-10:45am	SERL	\$25
Instructor: Chelsea Hurlburt					



ARTS & CRAFTS

FUN AT THE ZOO

Every day is a safari in this class! Come to play and learn about a whole range of animals. Children will learn through fun, energetic lessons, story time and arts and crafts projects centered around a different animal each week.

2-4 YEARS

90082 TH 8/18-10/6 9-9:45am CC \$50 Instructor: TBA

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

MY FIRST ART CLASS

We will explore textures, mixtures, stamping, squeezing, printing, painting and so much more! Children are introduced to color, shape, texture, and art techniques, style and material with new lessons each session. *This is NOT a parent tot class. Participants must be minimum age by the first day of class.*

2-4 YEARS

2 1 1 2 110				
90214 M	8/15-10/3*	10:15-11am	MPAC	\$45
Instructor: Tiffany Gomez *No class 9/5				
2-4 YEARS				
90079 F	8/19-10/7	11-11:45am	CC	\$50
Instructor: Susan Garner				

SILLY SCIENCE & DISCOVERY

This hands-on class is sure to peak your child's inner scientist! We'll create experiments that pop, fizz and explode that are sure to jump start your child's excitement and create a sense of wonder and discovery! Your child will have a blast in this class!

3-5 YEARS

90080 T 8/16-10/4 10:45-11:30am CC \$50 Instructor: TBA

SQUISHY, MESSY, STICKY ART

Dress down cuz you're gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us!

3-5 YEARS

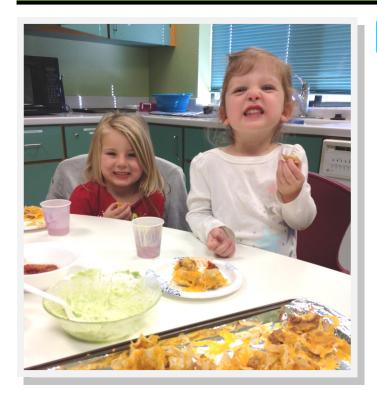
90390	TH	8/18-10/6	11:11:45am	FRC	\$50
Instructor: Debra Shaw					
90391	F	8/19-10/7	11-11:45am	FRC	\$50
Instructor: TBA					

STORYBOOK ARTS AND CRAFTS

It's story time! Join us for lessons and crafts inspired by the many colorful books of Dr. Seuss. Each class, we will enjoy a story along with art projects and other learning activities that relate to our book of the day. Children will get excited about reading while exploring art in a way that develops critical thinking, individuality, creativity and self-esteem. Come laugh, learn, create and play!

2 1/2-4 YEARS

90162 W 9/14-10/5 9-9:45am SERL \$25 Instructor: Chelsea Hurlburt





COOKING

COOKING 101 FOR KIDS

Calling all culinary enthusiasts! This fun class will teach your child the basics of baking and cooking! Each week will have a different focus and we'll make appetizers, main dishes, breakfast items and desserts. Get ready to taste some amazing foods! Recipes will be given each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

2_5	YEARS
J-J	ILANS

90215 F	8/19-10/7	3-3:45pm	MPAC	\$50
Instructor: TBA				

3-6 YFARS

90216 F 8/19-10/7 11:45am-12:30pm MPAC \$50

Instructor: Tiffany Gomez

CRAZY CHEFS

MUNCH, CRUNCH, and CHEW, this is absolutely the right class for YOU! We will bake, mix and blend a variety of delicious snacks that you're sure to enjoy! Simple ingredients will allow you to prepare your own snacks that will absolutely amaze your family and friends! Receive a complimentary cookbook with all our recipes. *Not recommended for children with food allergies.* *This is NOT a parent tot class. Participants must be minimum age by the first day of class.*
2½-4 YEARS

90217	W	8/17-10/5	10-10:50am	MPAC	\$55
3-5 YEA	.RS				
90218	W	8/17-10/5	11-11:50am	MPAC	\$55
Instructor: Cathy Gomez					

DANCE & CHEER

BABY BALLERINAS

This ballet class is designed especially for the very young dancer. We will be using props, imagery and costumes during this class. * *This is NOT a Parent/Tot class.* Participant must be minimum age by the first day of class.*

2-3 ½ YEARS

90083 T	8/16-10/4	11-11:30am	CC	\$32
90084 W	8/17-10/5	9:45-10:15am	CC	\$32
90085 TH	8/18-10/6	11-11:30am	CC	\$32

Instructor: Jennifer Gallamore

BABY BALLERINAS II

This class is for students that have completed at least one class of Baby Ballerinas and are ready to progress their technique. This ballet class is designed especially for the very young dancers. We will be using props, imagery and costumes during this class. * This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

2-3 1/2 YEARS

90086	W	8/17-10/5	9-9:30am	CC	\$32
Instruct	or: Je	ennifer Gallamore			

BALLET/TAP

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will focus on ballet and tap. We will learn everything from pleas and tendues, to flaps and shuffles, to chases and leaps! We will focus on technique through fun and exciting dance moves at the barre, in the center and across the floor. Proper dance attire and ballet and tap shoes are strongly recommended.

3-5 YEARS

90392 T	8/16-10/4	10-10:45am	FRC	\$42			
Instructor: An	tonia Behnke						
3-6 YEARS							
90087 T	8/16-10/4	3:30-4:15pm	CC	\$42			
Instructor: Jer	Instructor: Jenn Myers						
4-6 YEARS							
90393 TH	8/18-10/6	10-10:45am	FRC	\$42			
Instructor: Antonia Behnke							

BE A BALLERINA

Your little one will learn beginning ballet technique and have fun dressing up as a ballerina. Small props and costume pieces will be used to enhance our ballet routines. Ballet shoes are recommended.

3-5 YEARS

90163 F	8/19-10/7	10-10:45am	SERL	\$42
4-6 YEARS				
90290 F	8/19-10/7	11-11:45am	SERL	\$42
Instructor: Dawı	n Franks			

"Instructor made the class fun for the kids and my child learned a lot!"

BEAUTIFUL BALLERINAS

Beautiful Ballerinas is the place to be, you will learn basic ballet moves and routines using fanciful music. This class will encourage listening skills, following directions, positive self-image and cooperating with others. Ballet shoes and dancewear is recommended. Participants must be minimum age by the first day of class.

3-5 YEARS

90088	W	8/17-10/5	9-9:45am	CC	\$42	
90089	F	8/19-10/7	9-9:45am	CC	\$42	
Instructor: Jenn Myers						

matractor. Jenii Wyers

BOYS DANCE & TUMBLE

This class is for all you boys who like to move. You will learn hip-hop dance moves and tumbling at the most basic level. Fun props will be used to enhance the learning experience. This class is designed to develop motor skills, coordination and self-esteem. *Taught by a member of the 'Phoenix Suns Solar Hip Hop Squad' and the 'Phoenix Mercury Hip Hop Squad'*.

3 1/2-6 YEARS

90219 W 8/17-10/5 10-10:45am MPAC \$42 Instructor: Kaytlyn Deering

CHEER, CHANTS & TUMBLE

The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session. "Give me a C-H-E-E-R, C-H-A-N-T-S & T-U-M-B-L-E, what's that spell?"...FUN!

3-5 YEARS

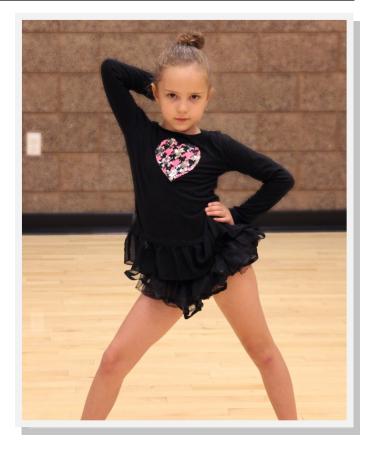
90220	M	8/15-10/3*	11-11:45am	MPAC	\$37		
Instruct	or: Jessio	a Austin *No cl	ass 9/5				
90394	M	8/15-10/3*	3-3:45pm	FRC	\$37		
Instruct	Instructor: Antonia Behnke *No class 9/5						
4-6 YEARS							
90395	M	8/15-10/3*	5-5:45pm	FRC	\$37		
Instructor: Antonia Behnke *No class 9/5							

DANCING DIVAS FOR KIDS

Sparkle and shine and unleash your inner diva! Basic jazz, hip hop and a little bit of tap will be broken down for easy to follow moves. Costumes, props and music will be incorporated to enhance their love of dance! The session will end with a short routine performed at the end of the session. Be sure to bring your cameras! *Tap and ballet shoes are recommended but not required.*

4-6 YEARS

90221 TH 8/18-10/6 4:15-5pm MPAC \$42 Instructor: TBA



FAIRYTALE BALLET

The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and music into each class. *Ballet shoes recommended. Costumes and props will be provided.* *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*

2 1/2-3 1/2 YEARS

90222	F	8/19-10/7	10-10:40am	MPAC	\$42		
Instruct	or: TBA						
3-5 YEA	RS						
90223	M	8/15-10/3*	10-10:45am	MPAC	\$37		
Instruct	Instructor: Jessica Austin *No class 9/5						
90090	M	8/15-10/3*	4-4:45pm	CC	\$37		
Instructor: Mikaela Wisniewski *No Class 9/5							
90224	Τ	8/16-10/4	5:15-6pm	MPAC	\$42		
Instructor: Kavtlyn Deering							

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Check out our COMMUNITY EVENTS CALENDAR on pg. 14

PIP SQUEAK HIP HOP

Does your little pip squeak love to dance and move? This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Great way to get up and get funky! Class taught to upbeat, age appropriate music. *Tennis shoes and relaxed clothing are recommended.*

3 1/2-6 YEARS

90225	W	8/17-10/5	9-9:45am	MPAC	\$42		
Instructor: Kaytlyn Deering							
4-6 YEARS							
90396	W	8/17-10/5	3-3:45am	FRC	\$42		
Instructor: Jenn Myers							

PRESCHOOL BALLET

A beautiful beginning to ballet...magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.

3-5 YEARS

90091 T 8/16-10/4 11:45am-12:30pm CC \$42 Instructor: Jennifer Gallamore

PRESCHOOL BALLET II

A beautiful beginning to ballet...magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.

3-5 YEARS

90092 T 8/16-10/4 12:45-1:30pm CC \$42 Instructor: Jennifer Gallamore

PRINCESS STORYTIME DANCE

Do you love to swirl and twirl like a princess? We will begin each class with a story and learn to dance like a real princess! Each week a new princess will teach the class ballet moves and at the end of the session there will be a recital where you can wear your favorite princess dress!

3-6 YEARS

90093 W	8/17-10/5	11-11:45am	CC	\$42			
90094 F	8/19-10/7	10-10:45am	CC	\$42			
Instructor: Jenn Myers							

RHYTHM & ROLL

This is an action packed class that includes tap, jazz, and tumbling. Participants will have a variety of moves to go home and show off. This is a great class to learn fine motor skills, coordination and poise.

Participants must be minimum age by the first day of class 4-6 YEARS

90397 SAT 8/20-10/8 10-10:45am FRC \$42 Instructor: Jenn Myers

TAP, BALLET & TUMBLE

Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination and self-esteem. *Tap and ballet shoes are recommended but not required.*

2 1/2-3 YEARS

2 1/2-3 YEARS						
90398 T	8/16-10/4	11-11:40am	FRC	\$42		
Instructor: Ant	onia Behnke					
3-5 YEARS						
90164 F	8/19-10/7	9-9:45am	SERL	\$42		
Instructor: Dawn Franks						
90226 F	8/19-10/7	3-3:45pm	MPAC	\$42		
Instructor: Jenn Myers						
90399 TH	8/18-10/6	11-11:45am	FRC	\$42		
Instructor: Antonia Behnke						





TOTS & TUTUS

This class is full of imagination and fun! Your tot will be introduced to the fundamentals of tap, ballet and jazz. Kids will love to dress up each week and dance their hearts out! Props and magical music will be incorporated into this class. *Tap and ballet shoes are recommended but not required.*

3-5 YEARS

90227	F	8/19-10/7	9-9:45am	MPAC	\$42
Instructo	or: TBA				
4-6 YEAR	RS				
90228	F	8/19-10/7	4-4:45pm	MPAC	\$42

TUTUS & TUMBLING

Instructor: Jenn Myers

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will spend time learning ballet, tap and tumbling techniques. With ballet we will focus on poise, stretching and understanding that ballet can help with all sorts of dance styles. In tap we will learn everything from shuffles to coffee grinders. Then we will cut lose with fun tumbling tricks and then sky's the limit. We want to have fun and play safe all while keeping busy and moving.

3-5 YEARS

90401	SAT	8/20-10/8	9-9:45am	FRC	\$42		
4-6 YEA	RS						
90402	M	8/15-10/*3	9-9:45am	FRC	\$37		
Instructor: Jenn Myers *No class 9/5							

TWINKLE TOES

Class is full of imagination and fun, while introducing the fundamentals of dance techniques in ballet, tap and tumbling. At this age, dance is about learning to nurture creative movement, follow directions, become aware of one's body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem! *Soft soled dance shoes and tap shoes are recommended but not required.*

3-5 YEARS

90229 SAT 8/20-10/8 10:30-11:15am MPAC \$42 Instructor: Jennifer Etchells

GY

GYMNASTICS

BEGINNING GYMNASTICS

Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. In this class students will learn basic floor exercise, beam, bar, and prevault skills.

3-5 YEARS

90095	W	8/17-10/5	11:15am-12pm	CC	\$42
90096	TH	8/18-10/6	11:45am-12:30pm	CC	\$42
Instruct	tor: Jenni	fer Gallamore			

BEGINNING GYMNASTICS II

This class is designed for students who have mastered the skills of Beginning Gymnastics I and are ready to learn backward rolls, cartwheels, and how to build a bridge. We'll be learning balance beam dismounts, new skills on the bar and trampoline, and fun group activities. NOTE: Students must have completed Beginning Gymnastics to enroll in this class.

4-6 YEARS

90098	TH	8/18-10/6	12:45pm-1:30pm	CC	\$42
Instructor: Jennifer Gallamore					

HEAD OVER HEELS GYMNASTICS

This class is geared towards the young gymnast that would like to learn basic floor gymnastics such as forward & straddle rolls and how to walk on a balance beam. They will also practice skills to accomplish headstands, beginner cartwheels and arching. Kids will work on gross motor skills such as balance, coordination and flexibility. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

3-5 YEARS

90230 M	8/15-10/3	5-5:45pm	MPAC	\$37
Instructor: Ka	ytlyn Deering *N	lo class 9/5		
90231 T	8/16-10/4	11-11:45am	MPAC	\$42
Instructor: TB	SA			
90232 W	8/17-10/5	3-3:45pm	MPAC	\$42
Instructor: Ka	ytlyn Deering			
90233 SAT	8/20-10/8	9:30-10:15am	MPAC	\$42
Instructor: Av	ery Africa			
4-6 YEARS				
90234 W	8/17-10/5	11-11:45am	MPAC	\$42
90235 TH	8/18-10/6	11:15am-12pm	MPAC	\$42
Instructor: TB	SA			

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"Engaging activities that were developmentally appropriate. Good intro to multiple sports!"



SPORTS

AWESOME ATHLETES

Dribble, dunk and dash your way into this AWESOME sports class! Designed to give your little athlete a sampling of soccer, basketball, flag football, track and field, t-ball and a whole lot more! This is a great opportunity for your kiddo to join the team, have fun and practice good sportsmanship, following directions and teamwork. Grab your glove and register today to knock it out at the Rec! Participants must wear tennis shoes. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*

2 1/2-3 1/2 YEARS

90236 T	8/16-10/4	9-9:40am	MPAC	\$42			
Instructor: Kelli Morgan							
3-6 YEARS							
90403 W	8/17-10/5	10:15-11am	FRC	\$42			
Instructor: Kel	Instructor: Kelli Morgan						

GOLF FOR LITTLE TIGERS

Basics, Basics, Basics is the model of this golf class for youngsters. They will be given instruction on all of the pre-shot fundamentals; grip, aim, stance and posture, chipping, pitching, putting and driver swing. Understanding the basics will eliminate bad habits on the golf course and allow them to really have fun playing the game. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

4-7 YEARS

90165	W	8/3-8/31	5-6pm	WS	\$85
90166	W	9/7-9/21	5-6pm	WS	\$55
Instruct	tor: Mik	e Arrigoni, PGA			



GOLF JUNIOR SERIES

This class is perfect for both beginner and intermediate levels. Junior golfers will learn a proper pre-shot routine and jump right into the full swing. Chipping, pitching, putting and driver swing will follow. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing

Week 2 Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

4-7 YEARS

90450	TH	8/4-9/1	5-6pm	WS	\$85
90451	TH	9/8-9/22	5-6pm	WS	\$55
90452	SAT	8/6-9/3	9-10am	WS	\$85
90453	SAT	9/10-9/24	9-10am	WS	\$55
Instructor: Mike Arrigoni, PGA					

IntroSk8™

AZ ICE Gilbert is proud to offer a brand new Learn to Skate program called IntroSk8™! Skaters will watch a 10 minute video and then take the ice for 1/2 hour skating lesson! We will teach you the safest methods for skating forward, stopping, falling down and getting up so that every time you go skating you have a great time! Classes are available for all ages, ranging from 4 years old to Adults! All skaters will watch the videos together, and then take the ice afterwards. Come skate with us-you'll have a blast! *Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.*

4-6 YEARS

90167	SAT	8/20	11:15am-12pm	Al	\$15
90168	SAT	8/27	11:15am-12pm	Al	\$15
90169	SAT	9/10	11:15am-12pm	Αl	\$15
90170	SAT	9/24	11:15am-12pm	Al	\$15
90171	SAT	10/8	11:15am-12pm	Al	\$15
Instruct	tor: AZ Ice	e Staff			

KIDDIE KICKERS

Kick start your child's sport career in this introductory soccer class designed to enhance your child's physical and cognitive abilities. Basic ball handling skills such as kicking, passing and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged. Participants must wear sneakers.

3-6 YEARS

90406	T	8/16-10/4	4:15-5:30pm	FRC	\$42	
90407	F	8/19-10/7	10-10:45am	FRC	\$42	
Instructor: Kelli Morgan						

Connect for more fun!



LITTLE HOOPSTERS

This program is intended to teach the participant the fundamentals of basketball while providing a positive recreational experience for boys and girls. Participants will learn shooting, passing, dribbling, drills. Other games may be incorporated as well to help enhance motor skills.

3-6 YEARS

90408	T	8/16-10/4	3:15-4pm	FRC	\$42
90409	F	8/19-10/7	9-9:45am	FRC	\$42
Instructor: Kelli Morgan					

MEGA SUPER SPORTS MANIA

Your super star will learn the basic skills of a variety of sports and games that will help build strong bones and healthy bodies. We'll focus on motor skills, balance, coordination, flexibility and social development as we interact and have fun. Concentration will be on soccer, basketball, t-ball, hockey, kickball and tennis. *Participants must wear tennis shoes*.

3-6 YEARS

90237	T	8/16-10/4	11:30am-12:15pm	MPAC	\$42
90238	W	8/17-10/5	12:30-1:15pm	MPAC	\$42
90410	W	8/17-10/5	11:15am-12pm	FRC	\$42
Instructor: Kelli Morgan					

MULTI SPORTS 2-SPORT CLINIC- BY B.E.S.T.

Do you want your little player to learn how to kick and control a soccer ball, do a proper throw in or be a goalie; do you want them to learn how to hit, catch, field and run the bases? Then this 8-week program is for you. We will hold 4 weeks of each sport so please bring a size #3 or #4 soccer ball, followed by 4 weeks of Softball please bring a hitting tee. The slightly larger ball makes it easier for your child to catch, throw and hit the ball which means more learning. Come join the B.E.S.T.! Please note: this is NOT a parent tot class. Only Registered participants are allowed in the room. Participants must be minimum age by the first day of class.

3-6 YEARS

90174 SAT 8/20-10/8 11-11:45am FRC \$109 Instructor: Beginners Edge Sports Training Staff

MULTI SPORTS 3-SPORT CLINIC- BY B.E.S.T.

Looking for a ton of fun? Our 8-week program will consist of 3-Sports teaching your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases with a softball (easier for little kids) and lastly they will be running, jumping and building endurance in our Track & Field program. We will hold 3 weeks of Soccer please bring a size #3 or #4 soccer ball, followed by 3 weeks of Softball, please bring a hitting tee and we finish with 2 weeks of Track and Field, no equipment needed. Come join the B.E.S.T.! Please note: this is NOT a parent tot class. Only Registered participants are allowed in the class.

4-7 YEARS

90175 SAT 8/20-10/8 12-12:45pm FRC \$109 Instructor: Beginners Edge Sports Training Staff



Children 5 years and younger

Check out our indoor play area for you and your child to have some wiggly, giggly fun!



MY FAVORITE SPORTS

This class will have all of your little ones favorite sports combined into one action packed session. Kids will have social interaction and learn fine motor skills with sports like soccer, t-ball, hockey and football. A class for any sports enthusiast. Good sportsmanship, teamwork and appropriate classroom behavior will be emphasized. Other active games may be introduced to help enhance your child's experience and fine motor skills. *Participants must wear tennis shoes*.

3-5 YEARS

90239	TH	8/18-10/6	11-11:45am	MPAC	\$42
Instructor: Karen Fleissner					
90411	F	8/19-10/7	11-11:45am	FRC	\$42
3-6 YEARS					
90240	W	8/17-10/5	1:30-2:15pm	MPAC	\$42
Instruct	or: Kelli I	Morgan			



We're looking for energetic, reliable, fun-loving people to join our team! If you have a special talent and teaching experience that you'd like to share with us, apply online at $\underline{www.gilbertaz.gov/hr}$.

"Loved the Coach's enthusiasm with the kiddos. She was fantastic and gave great direction for their age."



PEE WEE P.E.

Your little sportster will enjoy this high energy class that will keep 'em moving by playing a variety of sports and games; soccer, tennis, hockey, t-ball, obstacle course, relay races and much, much more! Emphasis on skill development, teamwork, good sportsmanship and physical activity to help build strong bones and encourage socialization. This is a non-competitive, playful atmosphere. Participants must wear tennis shoes. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*

2½-3½ YEARS

90241	T	8/16-10/4	10:35-11:15am	MPAC	\$42
Instruct	or: Kelli I	Morgan			

3-5 YEARS

90242 TH 8/18-10/6 12-12:45pm MPAC \$42

Instructor: Karen Fleissner

SOCCER SKILLS CLINIC BY B.E.S.T.

Our weekly soccer skills program will teach and introduce your kids to the world of soccer by teaching dribbling, kicking, throw-ins, headers (with foam balls), goalies skills, (age permitting: scrimmaging and more). Please bring a size #3 soccer ball with your child's name on it, a water bottle and lots of energy! Please note: this is NOT a parent tot class. Only Registered participants are allowed in the class. Participants must be minimum age by the first day of class.

3-6 YEARS

90176 SAT 8/20-10/8 8:30-9:15am FRC \$109 Instructor: Beginners Edge Sports Training Staff

SPORTBALL BASKETBALL

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the exciting sport of Basketball! This industry leading, 1 hour a week program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. All equipment is provided. Classes at McQueen Park (MPARK) will take place outside on the basketball courts.

3-6 YEARS

90177	TH	8/18-9/29	4:15-5:15pm	FRC	\$79
90178	F	8/19-9/30	5:30-6:30pm	MPARK	\$79
Instruct	tor: Sport	tball Staff			

SPORTBALL MULTI-SPORT

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine the skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork in a uniquely fun and creative way.

3-6 YEARS

90179	W	8/17-9/28	10-11am	FRC	\$79
90180	TH	8/18-9/29	5:30-6:30pm	FRC	\$79
90181	SAT	8/20-10/8*	9:45-10:45am	CC	\$79
90182	SAT	8/20-10/8*	10:30-11:30am	MPAC	\$79

Instructor: Sportball Staff *No class 9/3

VOLUNTEER Town of Gilbert

Parks and Recreation

Volunteers are needed in the following areas:



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- Special Events
- Recreation Centers
- · Parks and Trails Maintenance
- · Adaptive Recreation Programs
- Riparian Preserve
- Court-Ordered Community Service
- Scout Programs



http://gilbertaz.gov/volunteer-parks

SPORTBALL SOCCER

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the exciting sport of Soccer! This industry leading, 1 hour a week, program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. *All equipment is provided*.

3-6 YEARS

90183	SAT	8/20-10/8*	12:30-1:30pm	MPAC	\$79
90184	SAT	8/20-10/8*	10:45-11:45pm	CC	\$79
Instruct	or Snor	thall Staff *No	class 9/3		

SPORTBALL T-BALL

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the great game of T-Ball! This industry leading, one hour a week, program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. *Please bring a baseball glove, all other equipment provided.*

3-6 YEARS

90185	SAT	8/20-10/8*	11:30am-12:30pm	MPAC	\$79			
90186	SAT	8/20-10/8*	2-3pm	MPAC	\$79			
4-5 YEARS								
90187	W	8/17-9/28	11-12pm	FRC	\$79			
Instruct	Instructor: Sportball Staff *No class 9/3							



TUMBLING & MOVEMENT

CHEER, CHANTS & TUMBLE

See DANCE & CHEER section under EARLY CHILDHOOD for class description and info.

FUN, FITNESS, AND TUMBLING

Come and join us for some fun! This class will utilize props and equipment such as a balance beam, a parachute, balls, jump ropes and tunnels. We will also work on basic tumbling skills. Emphasis will be on self-esteem and interacting with others.

3-5 YEARS

90099	W	8/17-10/5	10-10:45am	CC	\$42		
90100	F	8/19-10/7	11-11:45am	CC	\$42		
Instruct	or: Jenn	Myers					
90101	F	8/19-10/7	2-2:45pm	CC	\$42		
Instruct	or: Kaleb	Allen					
90412	M	8/15-10/3*	10-10:45am	FRC	\$37		
Instruct	Instructor: Jenn Myers *No class 9/5						

HEAD OVER HEELS GYMNASTICS

See GYMNASTICS section under EARLY CHILDHOOD for class description and info.

TINY TOTS TUMBLING

Your tot will *flip* for this class! Learn basic tumbling techniques using mats, hoops, balance beams and other fun props and games. Emphasis will be on sharing, taking turns, following directions and cooperation. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*

2-3 YEARS

90189 M	8/15-10/3*	9-9:45am	SERL	\$37		
90190 M	8/15-10/3*	10-10:45am	SERL	\$37		
Instructor: Mich	elle Lohman *N	lo class 9/5				
90243 W	8/17-10/5	10-10:40am	MPAC	\$42		
Instructor: TBA						
90244 TH	8/18-10/6	9:20-10am	MPAC	\$42		
3-5 YEARS						
90245 TH	8/18-10/6	10:15-11am	MPAC	\$42		
Instructor: TBA						
90413 M	8/15-10/3*	11-11:45am	FRC	\$37		
Instructor: Jenn Myers *No class 9/5						

TUMBLE BUGS

Join our high energy adventure in rolling, bouncing, stretching, balance, listening skills, and body awareness through the use of beams, bars, tunnels, and tumbling mats. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

2-3 ½ YEARS

90102 W 8/17-10/5 10:30-11am CC \$32 Instructor: Jennifer Gallamore



"The instructors are wonderful! Thank you so much for having my son in your class.

I have seen his confidence grow tremendously!"

YOUTH/TEEN 5-16 years





ACADEMICS

ACT BOOTCAMP

This ACT Boot Camp is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps test writers set. Presentations are given with visual Power Point backup, and students are provided a Basic Training Manual containing all the workshop information in print including practice questions, tips and vocabulary lists. *Students, please bring a pencil and notebook to class.*

13-19 YEARS

87431	SAT	7/23	9am-1pm	SERL	\$99
90288	SAT	10/8	9am-1pm	SERL	\$99
Instruct	tor: Test I	Prep Boot Cam	p Staff		

SAT BOOTCAMP

This Boot Camp is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps test writers set. The focus will be on the New/Revised SAT that will be given this year. Presentations are given with visual Power Point backup, and students are provided a Basic Training Manual containing all the workshop information in print including practice questions, tips and vocabulary lists. *Students, please bring a pencil and notebook to class.*

13-19 YEARS

87433	SAT	7/30	9am-1pm	SERL	\$99
90289	SAT	9/17	9am-1pm	SERL	\$99
Instruct	or: Test I	Prep Bootcamp	Staff		

POP GOES THE WORLD CLASSES

Did you know science is everywhere? Everywhere! Pop Goes the World follows in the footsteps of Dr. Neil Degrasse Tyson by using pop culture to highlight the science in our world. So whether you are learning analytical thinking skills in a game design class, or creativity and innovation in an engineering class, the life skills you'll gain through Pop Goes the World Classes will allow you to marry scientific thinking with nonscientific thinking. So full STEAM ahead!

DINO HUNT: ARCHEOLOGY

Travel through time on the most amazing adventure imaginable. You are charged with visiting the earth during the time of the dinosaurs, capturing them and returning them to your future time to create your own Dinosaur Park. You'll get to design your Dinosaur Park, choose the kinds of dinosaurs you want to populate it with and then travel through time in a game setting to capture your dinosaurs.

6-12 YEARS

90454	SAT	10/1-10/8	10am-12pm	MPAC	\$40
90455	SAT	8/20-8/27	10am-12pm	SERL	\$40
Instruct	tor: Pop (Goes the Classr	oom Staff		

I'M GAME: BOARD GAME DESIGN

Learn the basic elements of strategy board games and then design your own.

6-12 YEARS

90456	SAT	9/3-9/10	10am-12pm	MPAC	\$40
90457	SAT	10/1-10/8	10am-12pm	SERL	\$40
Instruct	or: Pop G	Goes the Classro	oom Staff		

IT'S A PIRATES LIFE: SCIENCE OF PIRATES

Ahoy matey! All Aboard! Join the pirates for an adventure on the high seas. Learning the difference between fact and fiction can be an adventure. Learn all about a day in the life of a real pirate, a pirate's tools and jobs, pirate laws and leisure and pirate clothing and language!

6-12 YEARS

90458	SAT	9/17-9/24	10am-12pm	MPAC	\$40
90459	SAT	9/3-9/10	10am-12pm	SERL	\$40
Instructor: Pop Goes the Classroom Staff					

MECH MADDNESS: ENGINEERING

The giant robot and power suits of science fiction are monstrously huge and terrifyingly powerful. Could we actually make these machines today? Learn about the world of fictional robots and the science and engineering behind them. Discover what is really possible in today's world and then design your own super robot.

6-12 YEARS

90460	SAT	8/20-8/27	10am-12pm	MPAC	\$40
90461	SAT	9/17-9/24	10am-12pm	SERL	\$40
Instructor: Pop Goes the Classroom Staff					

"My daughter learned a lot and loved showing off at home!"

5-16 years YOUTH/TEEN



ARTS & CRAFTS

BEGINNING WATERCOLOR

Love watercolor? We will be learning various watercolor techniques such as a wash, wet into wet and using objects in our watercolor to create various textures for many great watercolor paintings including still life and landscape paintings.

8-15 YEARS

90064 TH 8/18-10/6 4-5:30pm CC \$70

Instructor: Susan Garner

DRAWING AND PERSPECTIVE

Participants will learn how to draw shapes and forms that surround us. They will also learn how to create drawings from their imagination and how to see vanishing points in buildings, roads, etc.

8-15 YEARS

90065 M 8/22-10/3* 4-5:30pm CC \$60

Instructor: Susan Garner *No Class 9/5

ELEMENTS OF ART

Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the "elements and principles of art."

6-12 YEARS

90066 W 8/17-10/5 4:30-5:45pm CC \$60

Instructor: TBA

INTRO TO CARTOONING

Love comics, cartoons, manga or illustration? Come and join us for intro to cartooning. Learn basic techniques; such as designing your own characters or creating comic strips.

8-15 YEARS

90067 SAT 8/20-10/8 10-11:30am CC \$70

Instructor: TBA



SUNDUST GALLERY ART CLASSES

We specialize in turning artistic dreams into reality, by teaching students from ages 5 and up, the joy of creating art. SunDust offers lessons in painting, drawing, batik, clay, ceramics, crafts and jewelry making in our fun and creative studio. Come learn from a certified art instructor and have fun!

ART EXPLORATION

Exciting class introduces the student to a different art style. Introductory art forms include drawing, colored pencils, painting, clay, collage and ceramic painting. Each class will introduce the students to finished works by artists in the medium they are learning. All materials are supplied. All skill levels are welcome. SunDust Gallery & Art Center (SDG) is located at 207 E. Williams Field Rd. #102, Gilbert, AZ 85295.

6-12 YEARS

90435 F 8/19-9/9 1:30-2:30pm SDG \$80 90436 F 9/16-10/7 1:30-2:30pm SDG \$80

Instructor: Peggy D'Errico

WORKING WITH CLAY

Learn to make clay masks, coil pots and other items. Class involves working with a clay slab, modeling, texturing and creating fun details. Engaging class helps foster creativity. All materials and firing of final pieces are supplied. All skill levels are welcome. SunDust Gallery & Art Center (SDG) is located at 207 E. Williams Field Rd. #102, Gilbert, AZ 85295.

6-16 YEARS

90299 T 8/16-9/6 12-1pm SDG \$100 90300 T 9/13-10/4 12-1pm SDG \$100 Instructor: Peggy D'Errico

WARM & FUZZY DECORATIONS

Decorate your room YOUR way with DIY crafts! Pom-pom pillow, canvas tree art and much more! Great for first time through experienced crafters! *Supplies included.*

7-12 YEARS

90246 F 8/19-10/7 6-7pm MPAC \$55

Instructor: Jenn Myers



COOKING

COOKING 101 FOR YOUTH

Calling all culinary enthusiasts! This fun class will teach your child the basics of baking and cooking! Each week will have a different focus and we'll make appetizers, main dishes, breakfast items and desserts. Get ready to taste some amazing foods! Recipes will be given in each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food

allergies.

5-8 YEARS

90247 F	8/19-10/7	4:10-5pm	MPAC	\$50	
7-12 YEARS					
90248 F	8/19-10/7	5:15-6:05pm	MPAC	\$50	
Instructor: TBA					

YOUTH/TEEN 5-16 years

COOKING WITH ELLA'S DISCOVERIES

At Ella's Discoveries each class has an exciting theme, so get the kids cooking healthy and imaginative meals. We'll create savory and sweet recipes, enjoy food facts and try at home recipes too! This hands-on cooking series is hosted by food and consumer affairs writer, test kitchen manager, radio show journalist, certified kitchen Manager, cookbook author and culinary instructor Pam Jackson.

DUDE RANCH FUN-A COWBOY ADVENTURE!

TT-T2 !	EAU2				
90462	SAT	8/27	9-10:30am	CC	\$40
14-16 Y	EARS				
90463	SAT	8/27	10:30am-12pm	CC	\$40

A TASTE OF HONEY-HEALTHY LIQUID GOLD!

11-13 YEARS				
90464 SAT	9/3	9-10:30am	CC	\$40
14-16 YEARS				
90465 SAT	9/3	10:30am-12pm	CC	\$40

VERY VEGETARIAN-A WORLD OF DELICIOUS!

11-13 YEARS				
90466 SAT	9/10	9-10:30am	CC	\$40
14-16 YEARS				
90467 SAT	9/10	10:30am-12pm	CC	\$40

SOUTH OF THE BORDER-A FLAVORFUL FIESTA!

11-13 YEARS				
90468 SAT	9/17	9-10:30am	CC	\$40
14-16 YEARS				
90469 SAT	9/17	10:30am-12pm	CC	\$40

TACKLE THE TAILGATE PARTY-FOOTBALL FEVER

9/24	9-10:30am	CC	\$40
9/24	10:30am-12pm	CC	\$40

BAVARIAN FEAST-TRADITIONAL GERMAN FARE, YUM!

11-13 Y	EARS				
90472	SAT	10/1	9-10:30am	CC	\$40
14-16 Y	EARS				
90473	SAT	10/1	10:30am-12pm	CC	\$40

SPOOKTACULAR HALLOWEEN-ZOMBIES AND MORE!

11-13 Y	EARS				
90474	SAT	10/8	9-10:30am	CC	\$40
14-16 Y	EARS				
90475	SAT	10/8	10:30am-12pm	CC	\$40



Look for this icon to see our exciting new! offerings this session



DANCE & CHEER

BELLY DANCE

See DANCE section under ADULT for class descriptions and info.

FAIRYTALE BALLET-YOUTH

Blossom into a graceful and elegant dancer while you experience the beauty of ballet. Learn basic ballet vocabulary; develop strength, proper alignment and grace. *Ballet shoes recommended*.

6-9 YEARS

90068 M 8/15-10/3* 5-5:45pm CC \$37 Instructor: Mikaela Wisniewski *No Class 9/5

CHEER, CHANTS & TUMBLE - YOUTH

The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session

5-7 YEARS

90414 M 8/15-10/3* 4-4:45pm FRC \$37 Instructor: Antonia Behnke ***No class 9/5**

CHEERLEADING 101

A fun and exciting way to introduce kids to the basic skills of cheerleading. Emphasis is on building trust and confidence while encouraging their personal best. Build strength, flexibility and learn basic technical skills such as tumbling, dance, jumps, cheers and stunts to be successful in their squad.

6-12 YEARS

90249 T 8/16-10/4 6:15-7pm MPAC \$42 Instructor: Kaytlyn Deering

DANCE COMBO

Looking for just the right type of dance to get your toes tapping? This class will give you the opportunity to try out a variety of dance styles as each week focuses on a different dance. Could be a mix of ballet, tap, tumbling, hip hop, ballroom, jazz, lyrical, pom and cheer routines, Broadway, clogging, swing, etc. A kaleidoscope of options awaits!

6-9 YEARS

90415 SAT 8/20-10/8 11:15am-12pm FRC \$42 Instructor: Jenn Myers

DANCE FUSION

Add a pinch of ballet, jazz, tap, hip hop and a smidge of tumbling to create this one-of-a-kind dance fusion. Kids will learn the basic moves put to their favorite music and enjoy making new friends. Perfect for someone who wants it all!

5-8 YEARS

90250 T 8/16-10/4 4:15-5pm MPAC \$42 Instructor: Kaytlyn Deering

"I love watching my daughter improve every class!"

5-16 years YOUTH/TEEN





Classes will be cancelled if a minimum enrollment is not met. EARLY REGISTRATION IS ENCOURAGED.

DANCING DIVAS

Sparkle and shine and unleash your inner diva! Learn fun dance moves and routines set to the hottest (edited) music heard on the radio. Basic jazz, hip hop and even a little bit of tap will be broken down for easy to follow moves. Sign up with a friend or make a new one in class!

6-12 YEARS

90251 TH 8/18-10/6 5:15-6pm MPAC \$42

Instructor: TBA

FAIRYTALE BALLET-YOUTH

Blossom into a graceful and elegant dancer while you experience the beauty of ballet. Learn basic ballet vocabulary; develop strength, proper alignment and grace. *Ballet shoes recommended*.

5-8 YEARS

90252 F 8/19-10/7 5-5:45pm MPAC \$42

Instructor: Jenn Myers

new!) JAZZY FEET

Get the best of both worlds in this ballet/jazz combo class! Learn how to become a technical dancer by developing ballet dance techniques, flexibility, body awareness and discipline. Graceful and beautiful! Then we'll turn up the energy to fast and fun! Students will also learn a variety of jazz movements that will work on body isolations and coordination, along with strength and flexibility.

5-8 YEARS

90253 SAT 8/20-10/8 11:30am-12:15pm MPAC \$42

Instructor: Jennifer Etchells

HIP HOP DANCE

In this basic hip hop class you will learn combinations broken down step by step and taught at a comfortable pace to Hip Hop music. You can also get into great shape and meet tons of new friends, so come on in and join the fun!

6-12 YEARS

90416 W 8/17-10/5 5-5:45pm FRC \$42

Instructor: Jenn Myers

THEATRE WORX

Does your child want to be a star of the stage? Come learn the basics of stage dance and vocals. Each class will be devoted to dancing and singing with an emphasis on acting and storytelling. Our grand performance will take place at the end of our session!

6-12 YEARS

90417 W 8/17-10/5 4-4:45pm FRC \$42

Instructor: Jenn Myers

EQUESTRIAN

ADVANCED HORSEMANSHIP

Prerequisite: Must have taken Intermediate Horsemanship in the past year. This fast paced class is designed to work with those who want training techniques for both horse and rider. We will work more intensively on each student's abilities and areas they wish to progress in such as trail riding, western pleasure, barrel racing, roping and team penning. We will cover fundamentals of each area of interest for each student. Students under 18 must have parent/guardian sign a liability waiver at first class. Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS

90303 T 9/6-9/27 7-8pm VSB \$136

Instructor: Valley Silver Bullets Staff

BEGINNING HORSEMANSHIP

This class is designed to teach students the basics of Western riding horsemanship. We will begin with grooming, general care and saddling safely. We will cover mounting and dismounting, proper posture and balance when riding. We will work with each student on simple control techniques such as asking the horses to walk and stop. Students under 18 must have parent/guardian sign a liability waiver at first class. Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS

87438 T 7/5-7/26 6-7pm VSB \$136 90305 T 8/2-8/23 6-7pm VSB \$136 Instructor: Valley Silver Bullets Staff

INTERMEDIATE HORSEMANSHIP

Prerequisite: Must have taken Beginning Horsemanship or Introduction to Horsemanship in the past year. This class will focus on more specific control and Western riding techniques such as getting the horse to respond to certain cues and learning how to post while in a trot. We will cover different gaits, as well as identifying the gait and correct leads while mounted. **Students under 18 must have parent/guardian sign a liability waiver at first class.** *Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.*

6+ YEARS

90306 T 8/2-8/23 7-8pm VSB \$136 90307 T 9/6-9/27 6-7pm VSB \$136 Instructor: Valley Silver Bullets Staff

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

YOUTH/TEEN 5-16 years



GYMNASTICS

DYNAMIC GYMNASTICS

Dynamic Gymnastics is designed for those beginning athletes who are new the sport of tumbling and gymnastics. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic gymnastics focuses on strength and flexibility, forward and backward rolls, cartwheels and round-offs, backbend flexibility, handstands and the back handspring.

6-8 YEARS

90069	T	8/16-10/4	6-6:50pm	CC	\$42
90070	F	8/19-10/7	4-4:50pm	CC	\$42

Instructor: Kaleb Allen

GYMNASTICS 101

BEGINNER LEVEL: Best recommended for kids needing help to master the basic skills. Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. Progression is at-their-own-pace and they'll enjoy social interaction with peers. Focus on floor gymnastics; front/back rolls, handstands, cartwheels, backbends and balancing.

5-8 YEARS

90254	W	8/17-10/5	4-4:50pm	MPAC	\$42
Instruct					
90255	SAT	8/20-10/8	10:30-11:20am	MPAC	\$42
Instruct	tor: Avery	/ Africa			
6-9 YEA	\RS				
90256	M	8/15-10/3*	4-4:55pm	MPAC	\$37
Instruct	tor: Kaytl	yn Deering *No	class 9/5		
8-12 YE	ARS				
90257	W	8/17-10/5	5-5:55pm	MPAC	\$42
Instructor: Kaytlyn Deering					
90258	SAT	8/20-10/8	11:30am-12:25pm	MPAC	\$42
Instructor: Avery Africa					

GYMNASTICS 102

INTERMEDIATE LEVEL: Best recommended for kids who have mastered the basic skills and have prior gymnastics background. This class is a continuation of skill development from Gymnastics 101 with more emphasis on strength and flexibility. Kids will learn the next set of progression to include walkovers through full range of motion. Class stresses safety and spotting techniques and will begin working on a routine that will be performed at the end of the session.

6-12 YEARS

90259	W	8/17-10/5	6-6:55pm	MPAC	\$42	
Instructor: Kaytlyn Deering						
90260	SAT	8/20-10/8	12:30-1:25pm	MPAC	\$37	
Instructor: Avery Africa						

Connect for more fun!



HEALTH & FITNESS

FUN & FITNESS BY BOUNCE BOOT CAMP

Founded by a former NFL player, Bounce Boot Camp is the FIRST company in the world that combines the fun of inflatable obstacle courses, castles, and slides into an amazingly fun program for everyone. Bounce Boot Camp puts the "fun" back into fitness and will create a memorable experience for all ages and groups. Bouncing in the inflatable equipment is not only fun, it has been shown to improve cardiovascular health, core strength, balance, and coordination.

5-14 YEARS

90308 T	8/9-8/30	6-7pm	FPARK	\$35
90309 T	9/6-9/27	6-7pm	FPARK	\$35

Instructor: Richard Muro

KIDS YOGA

This gentle exercise focuses on developing your child's body awareness, listening skills, coordination, flexibility and strength in a fun, positive manner using simple yoga poses and fun, yoga games. Participants should bring a yoga or exercise mat, towel and water to class.

8-15 YEARS

90261	W	8/17-10/5	5-5:45pm	MPAC	\$44
Instruct	tor: loc	elvn Dunn			



"My daughter's instructor was skilled and energetic!"

5-16 years YOUTH/TEEN



MARITAL ARTS

HUNG GAR KUNG FU

See MARTIAL ARTS section under ADULT for class descriptions and info

SANCHIN-RYU KARATE

Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren't factors in defending one's self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu's practical movements and non-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment. Instructors: Black Belts; Steven Ahles, 7th Dan, Doug Sawyer, 3rd Dan, and Brent Sawyer 3rd Dan.

SANCHIN-RYU KARATE-ADVANCED

This advanced class will be structured for those students holding the rank of Purple belt or higher. Students will study advanced Sanchin-Ryu forms and their hand to hand application.

9+ YEARS

90310 W 8/17-10/5 6-8pm MPAC \$80 Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE-FAMILY

For individuals and families from all walks of life. Come study the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one's self. Have fun learning a true martial Art in a non-competitive, fun, high-energy environment. Family participation is encouraged. Open to all levels of students.

6+ YEARS

90311	M	8/15-10/3*	6:30-7:30pm	CC	\$35			
90312	F	8/19-10/7	6:30-7:30pm	FRC	\$40			
90313	SAT	8/20-10/8	9:30-10:30am	FRC	\$40			
1	Instruction Country Day Known Chaff #NI - Instruction O/F							

Instructor: Sanchin-Ryu Karate Staff *No class 9/5

SANCHIN-RYU KARATE & SELF-DEFENSE FOR YOUTH

Students will learn alternatives to fighting and be empowered with techniques to handle everyday scenarios they may encounter at work, school, the park and even among friends. In a fun, high-energy, go-at-your-own pace environment students build self-confidence, develop focus, discipline and physical fitness. Students are taught the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one's self. These classes are age appropriate for content and situational subjects.

6-12 YEARS

90314 F 8/19-10/7 4:30-5:30pm FRC \$40

Instructor: Sanchin-Ryu Karate Staff



SPECIAL INTEREST

ASHI CHILD & BABYSITTING SAFETY TRAINING CLASS

The Childcare & Babysitting course (CABS) helps build confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations. The course includes CPR & First aid, diaper changing, feeding and choking prevention. Students will receive a workbook and a certificate upon completion. **Please bring a sack lunch.**

11-16 YEARS

87450	SAT	7/23	9:30am-1:30pm	SERL	\$55	
90315	SAT	8/20	9:30am-1:30pm	SERL	\$55	
90316	SAT	9/17	9:30am-1:30pm	SERL	\$55	
Instructor: Cross' Lifeline Emergency Staff						

CHARACTER & LEADERSHIP

Manners, character, leadership, self-respect, honesty, courage, responsibility, and social etiquette are all learned values in this packed 4 week class. Basic lessons in leadership skills, hand shaking, and more, are important lessons in teaching your child to be a leader. A \$12 supply fee will be collected by the instructor on the first day of class.

8-12 YEARS

90476	W	9/7-9/28	6:30-7:30pm	CC	\$75
Instruct	or: Aı	rizona Academy o	of Charm Staff		

CHARM & ETIQUETTE

Charm and etiquette, poise, social skills, manners, values, self-respect, are all behaviors important to healthy social and emotional growth. Your child is instructed in these values along with lessons in table manners, grace, telephone etiquette and more. This course will build esteem and provide valuable social skills. A \$12 supply fee will be collected by the instructor on the first day of class.

8-12 YEARS

90477 W	9/7-9/28	6:30-7:30pm	CC	\$75
Instructor: Ariz	ona Academy o	of Charm Staff		

"My son enjoyed going to his class. He developed his social skills significantly each week."

YOUTH/TEEN 5-16 years

CHARM SCHOOL

Charm School for Young Ladies is a class focused on building esteem and teaching the social skills necessary to compete in today's society. Young ladies learn appropriate etiquette and social decorum, table manners, dress and personal grooming, relationships and self-respect. A \$12 supply fee will be collected by the instructor on the first day of class.

14-17 YEARS

90317 SAT 9/10-10/1 10:30-11:30am CC \$79

Instructor: Arizona Academy of Charm Staff

INSTANT GUITAR FOR HOPELESSY BUSY PEOPLE

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. *Bring your acoustic guitar*. Materials Fee of \$29 will be collected in class by the instructor for the workbook and practice DVD.

13+ YEARS

90318 TH 9/15 6-8:30pm MPAC \$30

Instructor: Craig Coffman



INTRODUCTION TO LEGO® ENGINEERING FOR KIDS

Explore the possibilities of science, technology, engineering, and mathematics (STEM), with LEGO Technic parts and motors! Build exciting creations based on the classical machines, and later see how they influence today's modern marvels. Power your machines with gravity, rubber bands, and balloons, and then build with motors from the LEGO Power Functions motors system. Engage your inner engineer in this fun, hands-on, project based course.

6-11 YEARS

90478 SAT 9/10-10/8 11-11:50am MPAC \$84

Instructor: Bonanza Educational Staff

MINECRAFT STOP MOTION ANIMATION WITH LEGO® & iPAD

Not since LEGO® itself was invented has something inspired the inner creativity of kids like Minecraft. We bring these two together for an engaging, exciting class inspired by the worlds of LEGO & Minecraft! Students will learn how to write, develop, and produce their own short animated film using LEGO Minecraft bricks and iPad tablet computers. By the end of class, your child will have a masterpiece to show to friends and family and will have learned valuable skills like problem solving, communication, and teamwork.

7-12 YEARS

90479 SAT 9/3-10/1 10-10:50am MPAC \$84

Instructor: Bonanza Educational Staff



SPORTS

ARCHERY FOR FAMILIES

This class is geared towards people of all levels and ages. Certified USA Archery coaches will train you to shoot like an Olympian. All equipment will be provided. Join us for learning form and having fun. A \$20 supply fee will be collected by the instructor on the first day of class. This class will meet on the dirt lot north of Nichols Park (NPARK). 8+ YEARS

90319 SAT 9/10-10/8 2-3pm NPARK \$80

Instructor: Sandra Reynolds

BOWLING FOR YOUTH

Ready to improve your bowling score!? Each week participants will learn the basics of bowling while having fun! This class is good for anyone who is new to the game or anyone looking to improve their game. Bowling balls and shoes will be provided if you do not have your own. Flipside (FS) is located at 4874 S Val Vista Dr., Gilbert AZ 85298.

6-18 YEARS

90320 T 8/16-10/4 5:30-6:30pm FS \$60

Instructor: Flipside Staff

ELITE FOOTBALL CAMP

In this Elite Football Camp participants will enhance their skills by going through individual drills for their skilled position as well as working on their speed and agility. Campers will be tested on the 40 yard dash, 3 cone drill and shuttle. Participants will go through one on one sessions and be competing for camp awards which are Most Valuable Player and Most Improved Player. Learn from Coach Richardson former professional athlete and take your game to the next level! Participants need to have at least two years experience playing flag or tackle football.

6-13 YEARS

90482 M 8/15-10/3* 6:05-7:05pm FRC \$87

Instructor: Coach Carl Richardson *No class 9/5

5-16 years YOUTH/TEEN

FUNDAMENTAL FOOTBALL

In this football class kids will learn the fundamentals of football while developing new skills. Kids will be coached by a former 5 year professional football player. Kids will learn teamwork, sportsmanship and commitment. Kids will be trained at their skilled position which includes: QB, TE, RB, SS, FS, WR and CB. Participants will go through drills that will help improve their speed and agility. Kids will also compete with each other during one-on-one sessions. Learn from Coach Richardson a former professional athlete and take your game to the next level.

6-13 YEARS

90321 SAT 8/20-10/8 11-11:55am FRC \$99 Instructor: Coach Carl Richardson

FUNDAMENTAL HOOPS!

In this basketball class kids will learn the basics and fundamentals of basketball while having fun. They will learn teamwork, sportsmanship and commitment. We will teach each kid the principal of basketball so they can enhance their basketball skills. Learn from Coach Richardson a former professional athlete and take your game to the next level.

6-13 YEARS

90322 SAT 8/20-10/8 9-9:55am FRC \$99 Instructor: Coach Carl Richardson

FUNDAMENTAL MULTI-SPORT

In this class kids will be coached on how to play several different sports including baseball, hockey, soccer, dodgeball and basketball, while staying fit and having fun. Kids will also learn commitment, sportsmanship, leadership skills and team work. This class will be trained by Coach Richardson a former professional athlete. The objective of this class is for kids to have fun while staying fit!

6-13 YEARS

90323 F 8/19-10/7 6:05-7:05pm FRC \$75 Instructor: Coach Carl Richardson



FUNDAMENTAL SOCCER

In this soccer class kids will learn the basics and fundamentals of soccer while having fun. They will learn teamwork, sportsmanship and commitment. We will teach each kid the principals of soccer so they can enhance their soccer skills. Learn from Coach Richardson a former professional athlete and take your game to the next level.

6-13 YEARS

90324 SAT 8/20-10/8 12-12:55pm FRC \$75 Instructor: Coach Carl Richardson

GOLF JUNIOR SERIES

This class is perfect for both beginner and intermediate levels. Junior golfers will learn a proper pre-shot routine and jump right into the full swing. Chipping, pitching, putting and driver swing will follow. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing

Week 2 Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

6-9 YEARS

	90325	TH	8/4-9/1	5-6pm	WS	\$85		
	90326	TH	9/8-9/22	5-6pm	WS	\$55		
	90327	SAT	8/6-9/3	9-10am	WS	\$85		
	90328	SAT	9/10-9/24	9-10am	WS	\$55		
10-16 YEARS								
	90329	TH	8/4-9/1	5-6pm	WS	\$85		
	90330	TH	9/8-9/22	5-6pm	WS	\$55		
	90331	SAT	8/6-9/3	9-10am	WS	\$85		
	90332	SAT	9/10-9/24	9-10am	WS	\$55		
	Instructor: Mike Arrigoni, PGA							

GOLF TOURNAMENT PLAYERS SERIES

Perfect for the junior golfer wanting to compete or currently competing in tournament golf! Juniors will receive PGA Professional instruction on positive thinking, practicing correctly and shooting lower scores. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Focusing on Targets

Week 2 Scoring Shots Around the Green

Week 3 Fairway Woods and Par 5's

Week 4 Putting Aim/Speed Control/Reading the Green

Week 5 Tee Shots/Hitting More Fairways

8-12 YEARS

50.00	SAT SAT	8/6-9/3 9/10-9/24	1:30-2:30pm 1:30-2:30pm	WS WS	\$85 \$55
13-17 YEARS					
90485	SAT	8/6-9/3	1:30-2:30pm	WS	\$85
90486	SAT	9/10-9/24	1:30-2:30pm	WS	\$55
Instructor: Mike Arrigoni, PGA					

YOUTH/TEEN 5-16 years





A safe, fun, enriching place for your child to come to after school!

FOR MORE INFORMATION





McQueen Park Activity Center • 510 N Horne Street

IntroSk8™-YOUTH

AZ ICE Gilbert is proud to offer a brand new Learn to Skate program called IntroSk8™! Skaters will watch a 10 minute video and then take the ice for 1/2 hour skating lesson! We will teach you the safest methods for skating forward, stopping, falling down and getting up so that every time you go skating you have a great time! Classes are available for all ages, ranging from 4 years old to Adults! All skaters will watch the videos together, and then take the ice afterwards. Come skate with us-you'll have a blast! *Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.*

7-13 YEARS

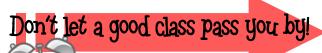
90333	SAT	8/20	11:15am-12pm	ΑI	\$15		
90334	SAT	8/27	11:15am-12pm	Al	\$15		
90335	SAT	9/10	11:15am-12pm	Al	\$15		
90336	SAT	9/24	11:15am-12pm	Al	\$15		
90337	SAT	10/8	11:15am-12pm	Al	\$15		
Instruct	Instructor: AZ Ice Staff						

RACQUETBALL 101 FOR ADULT & YOUTH/TEEN

This is a Parent with Youth/Teen course that creates a unique opportunity to learn racquetball together as well as something that could create a lifetime bond. You will both learn from our professional coaches how to work on the basic fundamentals of teaching, drilling, and playing with each other at the same time you will both improve on your speed, agility, eye hand coordination, etc. No matter the skill level of the adult or youth you can each start to learn coaching skills and tricks to keep each other in the game. Come join in the fun! Each participant must register for this class.

10+ YEARS

90513 M 8/15-9/19* 5-6pm FRC \$70 Instructors: Top Touring Pros from Key Sports ***No class 9/5**



Classes will be cancelled if a minimum enrollment is not met. EARLY REGISTRATION IS ENCOURAGED.

RACQUETBALL 101 FOR YOUTH

Looking to learn a fun fast sport? Improve on your speed, agility, eye hand coordination through the art of racquetball. While you learn the basic fundamentals as you play you will be developing major athletic skills which will help you in other sports. We can teach you how to beat your opponents. Learn how to develop a high school racquetball club and become involved in the sport. We can provide racquets, eyewear, balls and fun if needed.

10-15 YEARS

90340 M 8/15-9/19* 4-5pm FRC \$70 Instructors: Top Touring Pros from Key Sports *No class 9/5

SPEED & AGILITY

In this Speed and Agility class kids will learn the basics and fundamentals of speed and agility. Kids will learn teamwork, sportsmanship and commitment. We will teach each kid the proper way to stretch and warm up to avoid injuries. Kids will go through circuit training throughout the course of the class, competing with other participants. The objective of this class is for each kid to have a fun time while also becoming a better athlete. Learn from Coach Richardson a former professional athlete and take your game to the next level. This class will meet on the grassy area in front of the Freestone Skate Park.

6-13 YEARS

90341 SAT 8/20-10/8 10-10:55am FRC \$99 Instructor: Coach Carl Richardson



We're looking for energetic, reliable, fun-loving people to join our team! If you have a special talent and teaching experience that you'd like to share with us, apply online at:

gilbertazjobs.silkroad.com

PARKS & RECREATION

5-16 years YOUTH/TEEN

SPORTBALL BASEBALL-YOUTH

For kids looking to develop and refine their skills in a fun, safe OUTDOOR environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress inline with their abilities. Skills include: throwing, catching, correct batting form, running bases, fielding and positional play. *Please bring a baseball glove*.

6-10 YEARS

90342 SAT 8/20-10/8* 2-3pm MPAC \$79

Instructor: Sportball Staff *No class 9/3

SPORTBALL BASKETBALL-YOUTH

For kids looking to develop and refine their skills in a fun, safe environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include dribbling, passing, shooting, defense and more! ALL EQUIPMENT IS PROVIDED. McQueen Park (MPARK) classes will meet outside of McQueen Park Activity Center on the basketball courts.

6-10 YEARS

90343 TH 8/18-9/29 5:15-6:15pm FRC \$79 90344 F 8/19-9/30 6:30-7:30pm MPARK \$79

Instructor: Sportball Staff

SPORTBALL SOCCER-YOUTH

For kids looking to develop and refine their skills in a fun, safe environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include throw-ins, dribbling, trapping, passing, goalie skills and more! All necessary EQUIPMENT PROVIDED. *Bring water and wear tennis shoes*.

6-10 YEARS

90346 SAT 8/20-10/8* 12:30-1:30pm MPAC \$79 Instructor: Sportball Staff ***No class 9/3**

SPORTBALL TENNIS-YOUTH

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Tennis. Coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include forehand, backhand, volley, serve and more. These classes will meet outside on the tennis courts.

6-10 YEARS

90347 TH 8/18-9/29 6:30-7:30pm FPARK \$79 Instructor: Sportball Staff

"My daughter's instructor was great with the kids.

She knew their names on day one and was very encouraging to all of the kids."

SPORTBALL VOLLEYBALL

For kids looking to develop and refine their skills in a fun, safe environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include serve, bump, set, spike and more!

6-8 YEARS

90487	F	8/19-9/30	4:30-5:30pm	FRC	\$79		
8-12 YE	ARS						
90488	F	8/19-9/30	5:30-6:30pm	FRC	\$79		
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Instructor: Sportball Staff

VOLLEYBALL

Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. **Participants** need to wear tennis shoes and may bring their own volleyball to class each day.

12-16 YEARS

90419 T 8/16-10/4 6-7pm FRC \$42 Instructor: Kelli Morgan



TUMBLING AND MOVEMENT

TUMBLE AND SHOUT

Need a positive outlet for your child's energy and excitement? This beginning class is a great introduction to tumbling and floor gymnastics. Participants will have a terrific time learning somersaults, backbends, handstands, cartwheels, and round offs. Your child will be head over heels for this class.

5-9 YEARS

90420 TH 8/18-10/6 5-5:45pm FRC \$42 Instructor: Jenn Myers





ARTS & CRAFTS

ART OIL - PAINTING

Want to learn how to paint with oils? Now's your chance! Learn basic color theory and how to mix and apply paints. You'll end up with a masterpiece you'll be proud to hang on your wall. All levels welcome. Students will provide their own supplies. A supply list will provided prior to the first day of class.

16+ YEARS

90109 T 8/16-10/4* 5:30-6:30pm CC \$50 Instructor: Lisa Martineu *No class 9/20

ART - DRAWING

A drawing is the starting point of every work of art. Learn how to compose a masterpiece through perspective, shading, texture, and more in this fluid class that will take you places! Supplies will be provided.

16+ YEARS

90110 T 8/16-10/4* 6:45-7:45pm CC \$50 Instructor: Lisa Martineu *No class 9/20

PAINT PARTY

Come paint along with us! This class will be a social evening filled with fun and paint. Bring a friend and go home with your very own masterpiece. Supplies will be provided.

16+ YEARS

90511 W 9/28 6-8pm CC \$25

Instructor: Lisa Martineu

PHOTO ORGANIZATION & SCRAPBOOKING WORKSHOP

The Scrapbooking Workshop is an open, fun workshop surrounded by other scrapbookers. You will have space and time to complete your albums. The workshop is open to all digital and traditional scrapbookers. Scrapbooking tips and ideas will be shared throughout the day. You can choose to take the all day workshop or a half day. Bring your own supplies to complete an album. Scrapbook supplies kits are available for purchase in the case you were to run out of supplies to complete your album.

18+ YEARS

90493	SAT	8/20	9:30am-1pm	MPAC	\$20
90494	SAT	8/20	9:30am-4:45pm	MPAC	\$25
90495	SAT	9/17	9:30am-1pm	MPAC	\$20
90496	SAT	9/17	9:30am-4:45pm	MPAC	\$25
Instruct	tor: Debra	a Durma			

Check out our COMMUNITY EVENTS CALENDAR on pg. 14

SUNDUST GALLERY ART CLASSES

We specialize in turning artistic dreams into reality, by teaching students from ages 5 and up, the joy of creating art. SunDust offers lessons in painting, drawing, batik, clay, ceramics, crafts and jewelry making in our fun and creative studio. Come learn from a certified art instructor and have fun!

BEGINNING ACRYLIC PAINTING

Learn to paint in a fun acrylic painting class. Students gain knowledge of color mixing and brush stroke techniques while painting their favorite subjects. Various painting styles are demonstrated. Price includes all materials, including take home canvas. All skill levels welcome. SunDust Gallery & Art Center (SDG) is located at 207 E. Williams Field Rd. #102, Gilbert, AZ 85295.

16+ YEARS

90489	TH	8/18-9/8	11am-12pm	SDG	\$80	
90490	TH	9/15-10/6	11am-12pm	SDG	\$80	
Instructor: Peggy D'Errico						

CERAMIC PAINTING

Students will be allowed to select up to two ceramic pottery pieces for painting and glazing. With art instructor's help, students will be work on painting and glazing techniques. When projects are complete, studio ceramic firing procedures will be discussed. Projects are then delivered back to studio in 7 to 10 days and distributed to the individuals who painted them. All projects are dishwasher/microwave safe. Price includes all materials including take home piece. SunDust Gallery & Art Center (SDG) is located at 207 E. Williams Field Rd. #102, Gilbert, AZ 85295.

16+ YEARS

90491	W	8/17-9/7	11:30am-12:30pm	SDG	\$100		
90492	W	9/14-10/5	11:30am-12:30pm	SDG	\$100		
Instructor: Peggy D'Errico							



DANCE

BELLY DANCE-BEGINNING

This fun beginning class will provide you with a low-impact and low-pressure workout that improves flexibility and coordination. Join us to explore the basics of belly dance, building on steps learned from class to class as we learn a choreographed dance. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.*

14+ YEARS

90262 M 8/15-10/3* 7:30-8:30pm MPAC \$37 Instructor: Elizabeth Makela *No class 9/5

"The workout was Great! Great instructor! Great choreography!"

BELLY DANCE-DRILLS

In this open level class, students can focus on learning foundational belly dance movements at their own pace. Once the basics of technique are mastered, variations including isolations, transitions, traveling and layering will be introduced. This class is a great complement to the choreography focused classes 'Beginning Belly Dance' and 'Belly Dance Fusion'. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.*

14+ YEARS

90263	M	8/15-10/3*	6:30-7:30pm	MPAC	\$37
90264	F	8/19-10/7	6:30-7:30pm	MPAC	\$42

Instructor: Elizabeth Makela *No class 9/5

BELLY DANCE-INTERMEDIATE FUSION

This intermediate level class fuses traditional belly dance movements with elements from other dance styles, cultures, or musical genres. Each session will draw inspiration from somewhere new. Students will learn a fun choreographed dance and have the opportunity to perform it for friends and family if they wish. Belly dance is friendly to all body types and ages. Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.

14+ YEARS

90265 F 8/19-10/7 7:30-8:30pm MPAC \$42



HEALTH & FITNESS

ALL LEVELS YOGA

This class will teach the classic yoga poses through a deep awareness of correct body alignment. A variety of basic poses will be presented in challenging ways to help you remain alert, focused and composed. Class is great for those that are new to yoga or even those that are experienced in the practice.

16+ YEARS

90266 TH 8/18-10/6 6:30-7:30pm MPAC \$44 Instructor: Jocelyn Dunn

BEGINNING YOGA

This class is for those interested in learning more about yoga. We will work on traditional yoga poses both standing and sitting, breathing techniques and simple meditation practices. This class is perfect for beginners.

16+ YEARS

90267 M 8/15-10/3* 5-5:55pm MPAC \$39 Instructor: Jocelyn Dunn ***No class 9/5**

GENTLE YOGA

This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners.

16+ YEARS

90268 M 8/15-10/3* 6-6:55pm MPAC \$39

Instructor: Jocelyn Dunn *No class 9/5

INDOOR FITNESS FOR LADIES

True Body Fitness offers a fun and friendly way to torch calories. Classes are taught by a Certified Personal Trainer who can modify or progress workouts so ALL



FITNESS LEVELS ARE WELCOME. Flexible options allow you to decide how many classes to take each month: 4, 6, 8, 10 or unlimited. Bring your yoga mat and water. For course codes please go to www.GilbertRecreation.com the schedule of classes is below.

4 Class Package-\$30 10 Class Package-\$60 6 Class Package-\$40 Unlimited Class Package-\$70 8 Class Package-\$50

LADIES BOOT CAMP

Strength training combined with cardio; designed to lose fat, improve cardiovascular endurance, increase strength and flexibility.

14+ YEARS

Mondays 5-6pm SERL
Mondays 6-7pm SERL
Saturdays 8:45-9:45am SERL

Instructor: Maggie Colecchia

LADIES CARDIO EXPRESS

Achieve a healthy weight and maintain it; increase endurance; reduce health risks and strengthen your heart; keep your mind clear and release endorphins to help cope with stress...Need any more reasons to do cardio training? If you are short on time, Cardio Express does it all in a half-hour. Kickboxing, step, sports drills, you just never know what we'll be doing from one class to another. Take this class by itself or pair it with our 45-min Core class and you have just given yourself a total body workout that is not only challenging but fun.

14+ YEARS

Thursdays 6-6:30pm SERL

LADIES CORE/ABS & GLUTES

Focuses on all of the major muscle groups that support you in your daily living. We will whittle away your middle, but we will also strengthen your **back**, **chest** and **glutes**! A strong core allows you to maintain appropriate posture, helps to avoid injuries, and improves athletic performance.

14+ YEARS

Thursdays 6:30-7:15pm SERL

Instructor: Maggie Colecchia

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

ADULT 16+ years

YOGA FLOW

This 60 minute class combines breath, movement and meditation. The class allows you to 'flow' from one pose to the next while giving your body greater strength and conditioning, flexibility, balance, endurance, agility and meditation. Set to upbeat and inspiring music, this class is designed for all fitness levels.

16+ YEARS

90269 W 8/17-10/5 6-7pm MPAC \$44 Instructor: Jocelyn Dunn



MARTIAL ARTS

HIIT COMBATIVE

(H.I.I.T) High Intensity Interval Training combined with the explosive self-defense system of Krav Maga. This is a fast paced class that combines functional fitness with self-defense training. Regardless of your fitness level, this class will push you to your max. The High Intensity Interval style of training in conjunction with the practical self-defense methods of Krav Maga are perfectly suited to meet the fitness needs of all walks of life and fitness levels. Krav Maga's rapid responses, awareness training and tactical techniques work for people of ALL types and sizes. Krav Maga uses realistic training scenarios while practicing aggressive self-defense responses in a safe environment. Students learn to deal with almost any violent or threatening situation through the use of hand-to-hand combatives, improvised weapons, and simply knowing when to escape danger by running away.

18+ YEARS

90507 T/TH 8/16-10/6 5:45-6:45pm FRC \$50 Instructor: HIIT Gravity Fitness Staff

HUNG GAR KUNG FU

A southern style of Kung Fu that originated in the Shaolin Temple. Hung Gar will teach the practitioner stamina, flexibility and endurance by doing isometric exercises and postures. Self defense and patience are part of this Martial arts class.

13+ YEARS

90421 W 8/17-10/5 6:30-8:30pm FRC \$80

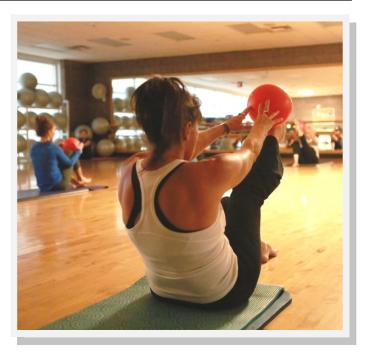
Instructor: Peter Pena

SANCHIN-RYU KARATE-ADULT

Students will learn alternatives to fighting and be empowered with techniques to handle everyday scenarios they may encounter at work, school, the park and even among friends. In a fun, highenergy, go-at-your-own pace environment students build self-confidence, develop focus, discipline and physical fitness. Students are taught the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size, strength, age or athletic ability are not factors in defending one's self.

15+ YEARS

90349 SAT 8/20-10/8 8-9:30am FRC \$60 Instructor: Sanchin-Ryu Karate Staff



SANCHIN-RYU WOMEN'S SELF DEFENSE-GRACE UNDER PRESSURE

Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one's self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.

15+ YEARS

90350	W	8/17-10/5	5-6pm	MPAC	\$40
90351	TH	8/18-10/6	10-11am	SERL	\$40
90352	SAT	8/27	12-2:30pm	FRC	\$24
90353	SAT	9/10	12-2:30pm	FRC	\$24
90354	SAT	9/24	12-2:30pm	MPAC	\$24

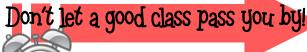
Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE-ADVANCED

See MARTIAL ARTS section under YOUTH for class description and info.

SANCHIN-RYU KARATE-FAMILY

See MARTIAL ARTS section under YOUTH for class description and info.



Classes will be cancelled if a minimum enrollment is not met. EARLY REGISTRATION IS ENCOURAGED.

SPECIAL INTEREST

ACTIVE PARENTING: 1,2,3,4 PARENTS!

Hey Moms and Dads! Is parenting your young child tougher than you thought it would be? Attend a 1,2,3,4 Parents! Workshop series and learn:

- Why your child acts like he/she does
- How to bond with your child
- Why taking care of yourself is important
- How you can discipline your young child

1,2,3,4 Parents! is for parents and caregivers of children birth to age 5. The series will be taught in 3, one and a half hour sessions. This program is provided FREE by New Directions Institute in collaboration with Family SPOT Resource Centers and is funded by First Things First. Free materials and gifts for participating are included. *Free childcare is provided by New Directions staff.

PARENTS OR CAREGIVERS OF CHILDREN BIRTH TO 5 YEARS 18+ YEARS

90356 TH 8/18-9/1 6-7:30pm SERL FREE Instructor: New Directions Institute Staff

ASHI, AED, CPR & FIRST AID TRAINING- ADULT, CHILD & INFANT

Used properly, First Aid and CPR can SAVE LIVES! Learn proper techniques to be effective in an emergency. Recognize the signs/ symptoms of injuries and sudden illness. Receive crucial information on emergencies such as bleeding, shock and burns. Recognize and treat life threatening emergencies such as cardiac arrest and choking. Upon completion of this course, participants will receive a two year certification card.

16+ YEARS

87486	W	7/20	6-9pm	SERL	\$40	
90358	W	8/24	6-9pm	SERL	\$40	
90359	W	9/21	6-9pm	SERL	\$40	
Instructor: Cross' Lifeline Emergency Staff						



We're looking for energetic, reliable, fun-loving people to join our team! If you have a special talent and teaching experience that you'd like to share with us, apply online at www.gilbertaz.gov/hr.

Check out our COMMUNITY EVENTS CALENDAR on pg. 14

CREATIVE WRITING CLASSES

Write stories, novels, young adult, Manga, Anime, creative nonfiction (family memories and memoirs) and non-fiction. New and experienced writers are welcome to attend. Instructor: Marilyn Janson

FICTION AND NONFICTION WRITING WORKSHOP

Ms. Janson provides personalized instructional materials for each participant. Short stories, novels, family history, memoirs, young adult and graphic novels. Optional: Motivational writing exercises and sharing your work with the class. A \$10 copy fee will be collected by the instructor on the first day of class.

14+ YEARS

90362 SAT 9/17-10/8 10am-12pm SERL \$60

INSPIRATIONAL FICTION WRITING WORKSHOP

If you enjoy reading Karin Kingsbury, Jan Caron, and Debbie Macomber, and Melody Carlson, learn to write short stories and longer works for this enormously popular market. Ms. Janson provides excerpts from your favorite authors and step-by-step instruction. A \$10 copy fee will be collected by the instructor on the first day of class.

14+ YEARS

90361 SAT 9/17-10/8 12:30-2:30pm SERL \$60

DIGITAL PHOTO STRESS TO DIGITAL PHOTO PEACE

Are your digital pictures overwhelming you? Do you have digital pictures on the computer, camera cards, iPhones, iPads, etc.? Would you like to find a certain digital picture, but have no idea where it would be? Have you thought about buying a new computer because your old one was full...probably because of too many photos?! Are you afraid if you lose your phone or your computer crashes that all your digital photos would be gone? If you answered yes to any of these questions, then this class is for you. This class will help you take your digital photo mess and turn it into a beautifully, organized collection of memories that your family will enjoy for generations. Class 1: Set-up your Photo Goals, learn the basics of ABC digital photo organization, and learn about a cloud based back-up system for your digital photos. Class 2: We review more photo organization techniques, learn photo editing tricks and understand the basics for safely sharing digital photos.

18+ YEARS

90365	T	8/16-8/23	10-11:15am	MPAC	\$30	
90366	T	8/16-8/23	6-7:15pm	MPAC	\$30	
90367	TH	9/15 & 9/29	10-11:15am	MPAC	\$30	
90368	TH	9/15 & 9/29	6-7:15pm	MPAC	\$30	
Instructor, Dobra Durma						

ADULT 16+ years

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song, any style, any key! Materials Fee of \$29 will be collected in class by the instructor for the workbook and practice CD.

18+ YEARS

90371 M 9/12 5:30-8:30pm MPAC \$30

Instructor: Craig Coffman

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

See SPECIAL INTEREST section under YOUTH for class description and info.



ARCHERY BROADHEAD SHOOT

Prepare for hunting season. Site in your broadheads and get practice shooting at different elevations and angles. USA Archery coach available for shooting tips. Sign up for one night or all three. Targets will be provided, bring your own archery equipment. This class will take place on the dirt lot north of Nichols Park (NPARK).

18+ YEARS

90508	M	8/15	6-7:30pm	NPARK	\$30
90509	T	8/16	6-7:30pm	NPARK	\$30
90510	W	8/17	6-7:30pm	NPARK	\$30

Instructor: Sandra Reynolds

GOLF READY FOR ADULTS

This class is great for both the true beginner and the intermediate level golfer who wants to improve or tune-up their skills. *Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.*

Week 1		Pre-shot fundan	Pre-shot fundamentals and basic swing				
Week 2		Chipping and pi	tching				
Week 3		Full iron swing f	rom the fairv	vay			
Week 4		Putting including	g aim, stroke	and reading the gre	een		
Week 5	/eek 5 Driver swing						
15+ YEA	ARS						
90372	TH	8/4-9/1	6-7pm	WS	\$135		
90373	TH	9/8-9/22	6-7pm	WS	\$85		
90374	SAT	8/6-9/3	8-9am	WS	\$135		
90375	SAT	9/10-9/24	8-9am	WS	\$85		
Instructor: Mike Arrigoni, PGA							

Connect for more fun! f @GilbertParksRec /GilbertParksRec /GilbertParksRec

GOLF READY FOR LADIES ONLY

This class is great for both beginner and intermediate levels. Eat, drink and socialize before and after the golf class if you prefer. This class is designed for women to learn swing fundamentals, golf course preparation and share their experiences in a fun and relaxed atmosphere. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1	Pre-shot fundamentals and basic swing

Week 2 Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

14+ YEARS

90376 W 8/3-8/31 6-7pm WS \$135 90377 W 9/7-9/21 6-7pm WS \$85

Instructor: Mike Arrigoni, PGA

CARDIO TENNIS

Cardio Tennis is a great way for players of all skill sets to enjoy the game. You'll get an AMAZING workout, a chance to socialize and enhance your tennis skills in just one hour! Set to upbeat music, cardio tennis will keep your heart rate up and your feet moving for a fun workout. *Taught by USPTA certified tennis instructor*. **Players need to provide own racquet**.

16+ YEARS

90270 TH 8/18-10/6 9:30-10:30am MPAC \$45

Instructor: Karen Fleissner

TENNIS 1.0

Class is designed to introduce players to the basic skills of tennis; stance, grip, serve, strokes and scoring. Emphasis on hand-eye coordination, drills, good sportsmanship and having fun! *Taught by USPTA certified tennis instructor*. **Players need to provide own racquet.**

16+ YEARS

Instructor: Karen Fleissner *No class 9/5						
90272	W	8/17-10/5	8:30-9:30am	MPAC	\$45	
90271	M	8/15-10/3*	8:30-9:30am	MPAC	\$40	

TENNIS 2.5

Take the next step in tennis to continue developing stance, grip, stroke and serve while incorporating the fundamentals of match play. Ideal for players who have previous tennis playing experience and can sustain a short rally of slow to medium pace. Emphasis on recreational play, good sportsmanship and having fun! Class designed for beginner/intermediate player. Taught by USPTA certified tennis instructor. Players need to provide own racquet.

16+ YEARS

90273 T	8/16-10/4	8:30-9:30am	MPAC	\$45		
90274 TH	8/18-10/6	8:30-9:30am	MPAC	\$45		
Instructor: Karen Fleissner						

"Good time of day; quality instructors!"

50+ years ACTIVE ADULTS

Gilbert Senior Center

130 N. Oak St 480-503-6061

SENIOR CENTER STAFF:

Amanda Shepard, Activities Specialist: 480-503-6059
Brianna Burrows, Outreach Specialist: 480-503-6061
Kelly Delgado, SR. Program Manager: 480-560-1041
Pat Hutfles, Home Delivered Meals Coordinator: 480-503-6058
Wallis Berry, Kitchen Coordinator: 480-503-6057

Chandler Christian Community Center operates and manages the Senior Center programs and meals.



SPECIAL INTEREST

CHAIR EXERCISE

Join us for a non-impact exercise class. Chair Exercises are workouts done while seated in a chair, or sometimes standing next to or behind the chair for stability. Fee: None

Tuesday/Thursday 8:30-9am CC 50+YEARS

GENTLE YOGA

This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners. *Fee: None*

Wednesday 9-10am CC 50+YEARS

SILVER SNEAKERS

The Silver Sneakers Fitness Program is an innovative health, exercise and wellness program helping our seniors to live healthy and active lifestyles. Come join us for a fun way to exercise! Fee: None (Space is limited, first come first serve)

Tuesday/Thursday 9-10am CC 50+YEARS Tuesday/Thursday 1-2pm CC 50+YEARS

TAI CHI

Tai Chi/Medical Chi Chong will help to relieve arthritis, stress, and enhance your immune system. This class is on-going. No registration required. *Fee: None*

Monday 9-9:45am CC 50+YEARS

ZUMBA

Zumba combines a dance workout with a party-like atmosphere. Zumba takes the popular Latin-dance inspired workout to make it accessible for seniors. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Fee: None

Friday 8:45-9:45am CC 50+YEARS



SOCIAL EVENTS

SEPTEMBER

HIGH TEA

Come join us for a great afternoon at High Tea. Generations at Agritopia is hosting the outing in their tea room. We will enjoy tea and snacks. Sign up from August 29th-September12th

Thursday 9/15 2-4pm CC 50+YEARS \$13

HOE DOWN

Break out your boots and cowboy hats for a fun afternoon. Come join students from the Chandler-Gilbert Community College for a Yee-Hawing good time. Good music, line dancing, pictures and more! Sign up from September 1st-16th

Wednesday 9/21 2-4pm CC 50+YEARS

MOVIES

Check the monthly calendar for the movie that will be playing here at the center each month. If you have a movie recommendation contact the activity specialist or attend the monthly meetings. Popcorn will be available.







Freestone Recreation Center is now a designated Silver Sneakers center! Call (480) 503-6202 to get more information on this exciting, new program!

ACTIVE ADULTS 50+ years

DINING OUT

Dining Out

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm. All participants attending must sign up in the Senior Center Office, 480-503-6059.

Aug. 10th SWEET TOMATOES Sign up from July 25th-Aug 9th

Sept. 7th CHEDDAR'S

Sign up from Aug 22nd-Sept 6th

Oct. 5th ISABELLA AMOR

Sign up from Sept 19th-Oct 4th











Meals are delivered to those who are disabled, homebound, and to seniors in Gilbert and Chandler.

Meals are \$5.00 each

Delivered Monday Through Friday between 10am-2pm

Please contact the senior helpline for financial assistance information.

HOME DELIVERED MEALS 480,503,6058 SENIOR HELPLINE 602.264.4357

Ongoing Activities For Active Adults At The Gilbert Senior Center

Age Requirement: Adults 50+ have first priority; however, adults under 50 may participate in certain activities if space is available. Please call the Senior Center if you have any questions: 480-503-6059.

ARTS & CRAFTS

Scrapbooking & Craft Club: Free craft classes all supplies provided. Every Friday from 12:15-3pm.

Knitting/Crocheting Club:

Join us for knitting & crocheting projects every Wednesday at 12:30pm

Jewelry Club: Come and create one of a kind designs with us on Wed., at 12:30pm.

CARDS & GAMES

Bingo: Cost is 50cents/card, limit three cards. Every Mon. & Fri. 10:15-11:30am **Bridge Club:** Every Mon. at 10am & Thurs.

at 12:30pm

Bunco: Wednesday at 10am

RummiKub Club: Every Tues. & Thurs. at

12:30pm.

Mexican Train: Every Monday at 12:30pm **Pinochle:** Tuesdays 9:30am-12pm

Mahjong: Tues. & Fri. 9am

COMPUTERS

Computer Lounge: The Community Center has a computer lounge with three public computers. Computers are available daily during facility hours.

HEALTH & WELLNESS

Blood Pressure Checks: Join us on the 2nd & 4th Tues. of every month from 10am-12pm.

Chair Exercises: This class provides upper and lower body low impact movements. All levels are welcome. Every Tuesday from 8:30-9am.

Fitness Center: The Center has a paid for usage fitness center available. Cost of monthly membership is \$15 or pay a \$2 daily fee.

OUTREACH SERVICES

The following services are available by appointment only. Benefit help, Lawyer services, SNAP, please call to schedule your appointment today! 480-503-6061

SOCIAL FUN

Entertainment & Dancing: Join us every Tuesday & Thursday from 11am-12pm.

Movies: Held the 2nd Fri. of the month for a movie & popcorn! Movie start time is 1pm.

For information on becoming a member of the Gilbert Senior Center please visit the center for a tour. For details call 480-503-6059 or visit our website.



RIPARIAN PRESERVE at WATER RANCH LAKE



RIPARIAN PRESERVE at WATER RANCH

2757 E. Guadalupe Road Gilbert, AZ 85234 Contact: <u>Jen Lauria</u> 480-503-6234 gilbertaz.gov/riparian

BIRD WALKS

Monthly bird walk at the Riparian. Walk is geared for adults. The walk will last about 90 min.—2 hours, starting at 6am with additional wrap up time at the end to go over the list of species seen and heard. Free, although any donations are accepted. \$5 suggested. Limited to 12 participants. Please register with Kathe Anderson at kathe.coot@cox.net.

SAT 8/13 6am Riparian FREE SAT/SUN 9/18, 10/8 6:30am Riparian FREE

FAMILY BIRD WALKS

The Gilbert Family Birdwalks are held every third Saturday of the month, October through March at the Gilbert Riparian Preserve. These free walks are sponsored by Desert Rivers Audubon, The Riparian Preserve, and Liberty Wildlife. We provide loaner binoculars, Bird Bingo Cards for kids, and expert leaders to take you around the ponds at both locations. Walks leave every 15 minutes or so and last about 45 minutes.

SAT 10/15, 11/19, 12/17 8am-12pm Riparian FREE

BUTTERFLY AND DRAGONFLY WALKS

Come see and learn about the most stunningly beautiful butterflies, dragonflies and damselflies in the area! The walks are free with a suggested \$5 donation to support the Riparian Preserve. Bring binoculars, hat and water. No reservations needed. Walks are on the third Sunday of each month, May – October.

Su 8/28, 9/18, 10/16 7am Riparian

FALL BREAK CAMP AT THE PRESERVE

Get closer to nature at the Riparian Preserve's school break camp. Spend time outdoors and indoors learning about the wildlife and plants of desert and riparian areas through hikes, scientific digs, experiments, learning games, and craft activities. Topics are adjusted seasonally and include the Sonoran Desert, pond life, birds, bugs, archaeology, paleontology (dinosaurs), fishing, astronomy, plants, water, reptiles, and more.

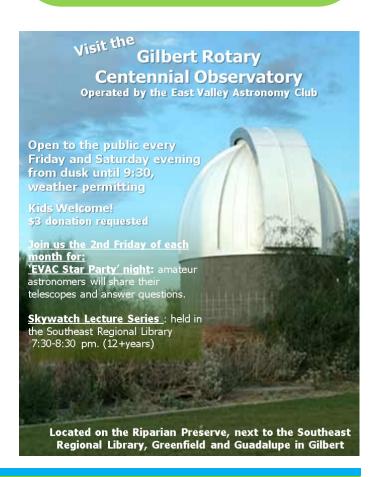
90133 M-F 10/10 – 10/14 8:30am-12pm Riparian \$75

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

As one of the largest and most popular wildlife preserves in Gilbert, Arizona, The Riparian at Water Ranch features hiking and equestrian trails open to the community. The preserve provides a great opportunity for wildlife and bird watching considered the premier bird watching facility in the Phoenix metro region. Close to 250 species of birds have been sighted and many people come from different states and countries to see the beautiful and sometimes rare birds. The park boasts covered picnic areas, fishing, a dinosaur dig site and campsites that can be reserved for a desert getaway.

The Riparian Preserve was also designed to promote awareness and appreciation of Arizona's ecology and natural history, particularly desert and riparian environments, through education and recreation programs for a diversity of visitors, as well as research and development of strategies to preserve and protect these unique environments. In addition, the preserve also has the only Valley astronomy observatory open to the public.





Maricopa County Library District

where curiosity leads

Perry Branch

1965 E. Queen Creek Rd. 602-652-3000

visit us online at www.mcldaz.org



CHILDREN'S PROGRAMS

BABY TIME

In baby time we have fun sharing books, lap-sit songs and rhymes, puppets, music, shakers, and bubbles. Learn tips to build a foundation for reading at home. Playtime and social time follows program. This program is for babies ages birth to 20 (up to 24) months ONLY accompanied by a caregiver. Children over 24 months (including older siblings) may not be in the room during this program due to safety issues.

0-24 MONTHS

T 8/16-9/27 10:15am Perry Free

ALL AGES STORYTIME

Miss Jennifer would like to welcome kids ages 2-5 and their caregivers to all ages story time! During this time we will read stories, sing and dance and learn rhymes and fingerplays to do at home! Tickets will be distributed starting at 10 on a first come first served basis, one ticket per person not per party and seating is limited to 70 people. Once story time begins no late comers will be admitted so please arrive early to ensure your spot, the library opens at 10:00 a.m.

2-5 YEARS

W 8/17-9/28 10:15am Perry Free

CODE CLUB

Have you ever wanted to learn how to code? Come to the Perry Branch Library to learn to how to make apps, games and websites. No computer or coding experience needed. Absolute beginners are most welcome! Registration is NOT required for this event, but we will only have 20 Chromebooks available for use. Feel free to bring your own computer to make sure you have one to use. Event will be held in the Meeting Room. Happy coding!

8-16 YEARS

V 8/17-9/21 4-5:30pm Perry Free



PAWS 2 READ

Join a registered therapy dog who loves stories. Children ages five and older are invited to read their favorite book to the special library dog.

5-12 YEARS

SAT 8/20, 9/17 10:30am-12pm Perry Free

CAMP PERRY

Before we usher in the new fall season let's say one last goodbye to summer! Come to Perry to participate in our very own Camp Perry where we will sing camp songs, play games, have some storytelling by the "campfire", a snack and a craft! This program is for kids 6-10 ready to have some fun interacting with their peers- we welcome parents and caregivers to enjoy the rest library while the kids enjoy camp in the programming room. Please register EACH child participating separately at www.mcldaz.org.

6-10 YEARS

TH 8/25 4:30-5:30pm Perry Free

NATIONAL SERVICE AND REMEMBRANCE DAY-WRITE A LETTER TO A SOLDIER

In 2009, Congress designated September 11th as the National Day of Service and Remembrance. It was originally launched in 2002 by the 9/11 nonprofit MyGoodDeed who has committed to engaging in charitable service on September 11 each year to honor the victims and responders of that tragic day. We invite you to come to Perry to write a letter to a soldier and hero currently serving overseas sent through Operation Gratitude. We will talk about why we are celebrating National Service and Remembrance Day, and how to write and send letters. This program is aimed at kids 8-13 for the educational component, but we welcome anyone who would like to participate and write a letter!

8-13 YEARS

TH 9/8 4-5pm Perry Free

Friends of the Library

775 N. Greenfield Rd. 480-539-5128

M-SAT 10am-4pm **SUN Closed**



MISSION STATEMENT

Friends of the Southeast Regional & Perry Branch Library

The mission of the Friends of the Southeast Regional Library & Perry Branch is to aid & support our local libraries, promote literacy in children & adults, & expand the presence of the library for the benefit of the community. We also promote & encourage volunteering & participate in relevant library & community literacy programs.

BOOK CLUB-MAGIC TREE HOUSE

Come to Perry Branch Library once a month for our Magic Tree House book club for children in 1st – 3rd grade. Each week will talk about the adventures of Jack and Annie followed by craft or activity. This month we are reading Hour of the Olympics! Reserve your book early so you have time to read it BEFORE we meet on the last Wednesday of every month (adjustments may be made around holiday dates). We will hold a select number of copies at the customer service desk (first come, first serve).

6-9 YEARS

W 9/28 4-4:45pm Free Perry



TEEN PROGRAMS

CODE CLUB

Have you ever wanted to learn how to code? Come to the Perry Branch Library to learn to how to make apps, games and websites. No computer or coding experience needed. Absolute beginners are most welcome! Registration is NOT required for this event, but we will only have 20 Chromebooks available for use. Feel free to bring your own computer to make sure you have one to use. Event will be held in the Meeting Room. Happy coding!

8-16 YEARS

W 8/17-9/21 4-5:30pm Perry Free

ADULT BOOK DISCUSSIONS

PERRY ADULT BOOK DISCUSSION GROUP

Join us each month on the 4th Monday at 10:30am to read and discuss a work of literary fiction. Check Perry Library's events calendar each month for the current book at www.mcldaz.org.

18+YEARS

Μ 8/22, 9/26 10:30-11:30am

Perry Free

NONFICTION BOOK DISCUSSION

Join us each month for a lively discussion of a non-fiction selection.

18+YEARS

Μ 9/12 1pm

Perry

Free

ADULT PROGRAMS

CODE CLUB

Exercise your mind with computer puzzles with coding! Come to the Perry Branch Library to learn to how to make apps, games and websites. No computer or coding experience needed. Absolute beginners are most welcome! For adults. You are welcome to bring your significant other (spouse, child or grandchild) to work with. We will be using a limited number of chrome books for this program, so spots are limited to a first come, first served basis. Your space is guaranteed if you bring your own laptop, though.

18+YEARS

8/15-9/26*

4-5:30pm

Perry Free

*No class on 9/5

LIVING WITH ALZHEIMER'S, MIDDLE STAGE

Martha Burruel, Education Coordinator at the Alzheimer's Association will discuss information related to the middle stages of Alzheimer's Disease.

18+YEARS

8/16

1-3pm

Perry Free

STITCH & FRIENDS

Do you like to knit or crochet? Join the Stitch & Friends group and make service projects for Project Linus (an organization that makes handmade blankets for ill children).

18+YEARS

SAT 8/20, 9/17 10am-2pm

Perry Free

Check out our COMMUNITY EVENTS CALENDAR on pg. 14

PERRY BRANCH LIBRARY



THE COMMON THREADS KNIT AND CROCHET CLUB

Come join the fellowship of THE COMMON THREADS, the Perry knitting & crocheting group and enjoy fun, food, and friendship while creating and sharing needlework projects.

18+YEARS

TH 8/25, 9/8, 9/22 12:30-2pm Perry Free

PERRY FILM SERIES

Join us for a monthly viewing of some great indie, foreign and documentary films. Movie showing on the last Tuesday of each month beginning promptly at 1p.m. Popcorn will be provided. Check for each month's film title on displayed posters, our monthly paper event calendar or by asking at the One Desk.

18+YEARS

T 8/30, 9/27 1pm Perry Free

GET CREATIVE: BRACELET MAKING WITH SHARI KEITH!

Making wire-wrapped bracelets from hand-made paper beads. This is a 2-hour workshop. In the first hour we make paper beads and in the second hour we learn how to wire-wrap. The participants complete bracelets that they can wear home. Registration is required at www.mcldaz.org.

18+YEARS

TH 9/1 1-3pm Perry Free

LIVING WITH ALZHEIMERS, LATE STAGE, PT. 1

Martha Burruel, Education Coordinator at the Alzheimer's Association will discuss information related to the late stages of Alzheimer's Disease.

18+YEARS

T 9/6 1-3pm Perry Free

SOCRATES CAFÉ

Socrates Café are gatherings around the world where people from different backgrounds get together and exchange thoughtful ideas and experiences while embracing the central theme of Socratizing; the idea that we learn more when we question and question with others. Check our calendar of events at www.mcldaz.org for moderators and topics.

18+YEARS

N 9/7, 10/5 1-2:30pm Perry Free

LIVING WITH ALZHEIMERS, LATE STAGE, PT. 1

Martha Burruel, Education Coordinator at the Alzheimer's Association will discuss information related to the late stages of Alzheimer's Disease.

18+YEARS

T 9/13 1-3pm Perry Free

CREATIVE WRITING

Always wanted to be a writer or working on your novel, but need some editing? If so, join our group. Note: Bring a sample of your writing each month.

18+YEARS

W 9/14, 10/12 1-3pm Perry Free

MEDICARE: THE ABCDS OF MEDICARE

Did you know Medicare comes in either Traditional Medicare or Medicare Advantage? How do Parts A, B, and D work with each of these two options? This presentation addresses these questions and offers information on Medicare's enrollment periods and savings programs. Presented by AARP.

18+YEARS

TH 9/15 1pm Perry Free

FINANCES: FINANCES 50+ BUDGETING, MANAGING CREDIT AND DEBT, AND SAVING LIKE A PRO

Are you struggling to make ends meet? Is your credit card debt mounting? Do you need help controlling, improving or protecting your finances? This presentation will give you the tools, support and resources you need. Presented by AARP.

18+YEARS

TH 9/29 1pm Perry Free

GILBERT WATER CONSERVATION SERIES: GET TO KNOW THE RIPARIAN PRESERVE

The Riparian Preserve at Water Ranch is a gem in the Valley. Located at the southeast corner of Greenfield and Guadalupe roads, it is a wildlife haven as well as a water resource. Learn how the Riparian Preserve is both a park and a water management tool.

18+YEARS

TH 10/6 1pm Perry Free

1, 2, 3, 4 PARENTS!

1,2,3,4 Parents is an evidence based parenting education series broken up into 3 1.5 hour sessions. This program uses a video based and discussion centered approach to teaching parents of kids ages 1-4 about stages of development, positive discipline, encouragement and making sure caregivers take the time to take care of themselves! This program is presented by the New Directions Institute who will also provide free childcare.

18+YEARS

F 10/7 9-10:30am Perry Free

PERRY BRANCH and SOUTHEAST REGIONAL LIBRARY

GET CREATIVE: COLORING FOR ADULTS

Have fun and use your imagination with color in this adult coloring program. **Registration is required at** <u>www.mcldaz.org</u>.

18+YEARS

F 10/7 1-3pm Perry Free



FAMILY PROGRAMS

FAMILY STORYTIME

This weekly storytime is designed for children ages 2 to 6, but all family members of all ages are welcomed to attend. During this time we will read stories, sing, and learn rhymes and fingerplays appropriate for this wide age range!

ALL AGES

T 8/16-9/27 6pm Perry Free

Southeast Regional Branch 775 N. Greenfield Rd. 602-652-3000

visit us online at www.mcldaz.org



CHILDREN'S PROGRAMS

PAWS 2 READ

Paws to Read pairs Delta-registered therapy animals and their handlers with young readers. Warm, brown eyes and happy grins make all the difference to children's reading experiences resulting in an increase in reading levels and word recognition, and a higher desire to read and write. The animals listen and don't tease, laugh, or judge the children. Plus, the animals love to be read to! Sign up for a therapy animal will begin at 10 a.m. for a 15-minute time slot between 10:30 a.m. and 12 p.m. Which animal the child will read to will be on a first-come, first-served basis the day of the program. Please go to the PAWS sign-up table in the Youth Services area of the library.

5-12 YEARS

SAT 9/10, 10/8 10:30am-12pm SERL Free



TEEN PROGRAMS

TEEN CRAFTER HOURS

Teens, enjoy stretching your creative muscles and learning new crafts? Join us for an evening of crafting (6-8pm) on the third Wednesday of each month in The Dig! Materials supplied unless stated otherwise. **Registration is required.**

12-18 YEARS

W 8/17 6-8pm SERL Free

ROCK THE DROP 2016

This is a day dedicated to teens who love to write and/or read. It will be an afternoon of books, free writing workshops, and a community service project to promote teen literacy. This FREE event includes: all programming, at least one book to bring home to drop, a snack, and door prize tickets. **Registration is required at**

www.mcldaz.org

12-18 YEARS

SAT 10/8 1-4pm SERL Free



ADULT PROGRAMS

ONE-ON-ONE DIGITAL ASSISTANCE

If you need assistance learning how to download digital eBooks or audio books to your reading device, then please stop in for personalized assistance with a library professional. PLEASE NOTE: Assistance is limited to questions about digital books and services and will not address specific technical questions about each device. Please be prepared with the following information before attending: basic use of your eReader device such as accessing device settings, accessing WIFI, how to login using device keyboard, etc. CLASS IS LIMITED TO 3 PEOPLE PER SESSION.

18+ YEARS

M 8/15-10-3* 11am-12pm SERL Free *No class 9/5

HAPPY CRAFTERS

On the first and third Mondays of each month and in the spirit of a community front porch, we invite you to meet at the library to talk about crafts with other local enthusiasts while doing your own project! We meet in the Staff Conference Room from 10:30am to noon. Please come to the group and have fun trading and sharing patterns, techniques and tips while creating and sharing all types of projects. This is for mingling and sharing and meeting new crafters. All skill levels are welcome!

15+ YEARS

M 8/15, 9/19, 10/3* 10:30am-12pm SERL Free *No class 9/5

SUN, SOIL & WATER: DIG IN FOR FALL GARDENING

Join us for a presentation by Master Gardener Lee Ann Aronson. Learn about what to plant in the fall, yes it makes a huge difference! Identify the 3 main nutrients plants need - nitrogen, phosphorus and potassium, and how plants use these nutrients. Understand the use of fertilizers, watering practices and the affects of sun on plants.

18+ YEARS

SAT 9/17 11am-12pm SERL Free

THURSDAY NIGHT FILM CLUB 18+ YEARS

A book club for the movie-minded! Join us on the first Thursday of each month as we view and discuss film classics and favorites from the 30s through the 80s. General discussion will take place after film screenings, as time allows.

TH 9/1, 10/6 6:30-8:30pm SERL Free



Gilbert Parks and Recreation Class Registration Form

90 E. Civic Center Drive Gilbert, AZ 85296 (480) 503-6200 Fax (480) 503-6213

ARIZONA					
MAIN CLIENT CONTACT INFORMAT	ION				
FIRST NAME		LAST NAME			
ADDRESS		CITY	ZIP CODE		
EMAIL ADDRESS		HOME PHONE	CELL PHONE		
Residency: 🗖 Gilbert 💢 Non-Residen	t 🔲 Coun	ty Island			
PARTICIPANTS NAME	BARCODE	CLASS/ACTIVITY TITLE	DAY	TIME	FEE
FIRST LAST					
AGE BIRTHDATE					
FIRST LAST					
AGE BIRTHDATE					
FIRST LAST					
AGE BIRTHDATE					
CREDIT CARD PAYMENT	-	PAYMENT INFORMATION	TOTAL_		
☐ Mastercard ☐ Visa ☐ America		Please make checks payable to:		payment per famil	
CC#Expiration Date:	"Town of Gilbert" Mail to: Gilbert Parks & Recreation Department	FOR OFFICE USE ONLY Date Rec. Staff Check # \$			
Name on Card: I agree to the terms and conditions of this agreemen rights to charge back any amount on my card.	ATTN: Registration 90 E. Civic Center Dr. Gilbert, AZ 85296	Cash \$ Prev. Credit \$ Credit Card \$ Refund I Credit Acct I Credit Card Date Issued By		ard	
Authorized Signature ASSUMPTION OF RISK AND RELEAS	E OF ALL CL	AIMS		,	

I allow my child and myself to participate in Gilbert Parks & Recreation programs and activities, including transportation provided, and to use Gilbert recreation facilities including but not limited to any climbing wall or equipment on site. I release the Town of Gilbert and its employees of any liability, claims or demands, which we may have hereafter as a result of my child's and my own participation in programs and activities and use of recreation facilities. I understand that the Town of Gilbert has no medical insurance for my child or me. I understand there are risks involved with physical exertion and use of recreation facilities, including serious injury. I certify that my child's and my own physical condition are satisfactory to participate in programs/activities. I also give my permission for any photographs, audio or video recordings taken of my child and/or myself to be used by the Town of Gilbert for any lawful purpose, including the promotion of Town events on the Town's website or the Town's social media sites. I further waive any and all right to privacy, compensation, or the right to inspect or approve the photographs, audio or video recordings used. I am at least 18 years of age, and verify that all information provided at registration or on this form is correct. Providing incorrect information including but not limited to date of birth and address is grounds for removal from the program and may result in suspension of the privilege to participate in future programs.

I further understand that should I cancel my participation I may be entitled to a refund of the class or program fee, or if I do nothing I can receive a credit for a period of one year from the first date of the class or program for which one originally registered. Such credit may be used for any Gilbert Parks and Recreation Department class, program or rental. Should I not use this credit within one year, I consent to the donation of my credit to the Town of Gilbert Parks and Recreation Department.

PARENT OR LEGAL GUARDIAN SIGNATURE

DATE

Looking for a rental space with a view?

GILBERT PARKS AND RECREATION OFFERS A VARIETY OF LOCATIONS FOR FAMILY GATHERINGS, BIRTHDAY PARTIES AND MORE!











Contact the Parks and Recreation Main Office at 480.503.6200 to reserve your space.

Check availability online at

www.GilbertRecreation.com